


Monday

Tuesday

Wednesday

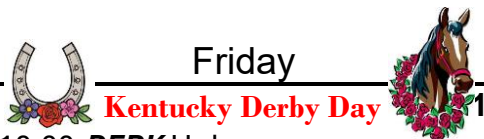
Thursday

Friday



















ELDERDAY ADHC

May 2026





Kentucky Derby Day

501 Main St. Watsonville, CA 95076 (831) 458-3481

<p>STAR WARS DAY MAY THE 4TH BE WITH YOU</p> <p>10:00-R2-TEA-2 & JAVVA the HUTT 4</p> <p>11:00- TAI CHI with IRO</p> <p>11:00-Grupo de Mujeres w/ Alondra</p> <p>1:00-Walk Down Memory Lane @RR</p> <p>1:00- BINGO! 1:15-Hand Spa</p> <p>1:45-Bingo Buck\$ Shopping \$pree</p>	<p>CINCO DE MAYO</p> <p>10:00-Cafecito y Compañía 5</p> <p>11:00-Words & Watercolor</p> <p>11:00- Salsa Making Demonstration </p> <p>1:00-Patio Pilates w/ The Rose Room</p> <p>1:00- Ballet Folklorico </p> <p>1:15-PASS the SOMBRERO</p>	<p>10:00-Better LATTE Than Never 6</p> <p>11:00- TAI CHI with IRO</p> <p>11:00-Spring Seedlings Planting</p> <p>1:00-Table Games @RR</p> <p>1:00- LOTERIA</p> <p>1:45-Hit the PRIZE \$hop</p>	<p>10:00-Mugs in the Morning 7</p> <p>11:00-Prayer Circle with Elena</p> <p>11:00-Catch-Up with Larisa</p> <p>1:00-Famous Famous Trivia @RR</p> <p>1:00-Grupo de Hombres con Juan Carlos</p> <p>1:00-Name That Tune with Liliana</p>	<p>MOTHER'S DAY CELEBRATION</p> <p>10:00-BERRY Wonderful Breakfast  </p> <p>Thank You</p> <p>11:00- Celebrating Our Moms</p> <p>1:00-Gentle Guitar with Will @RR</p> <p>1:00-Mother's Day Games & Prizes</p>
<p>10:00-Monday BREW- haha 11</p> <p>11:00-Women's Group w/ Alondra</p> <p>11:00- TAI CHI with IRO</p> <p>1:00-Reminiscing @RR</p> <p>1:00- BINGO!</p> <p>1:45-\$PEND THOSE BINGO BUCK\$</p>	<p>10:00- ¡Excelen-TÉ Día! 12</p> <p>11:00- Words & Watercolor</p> <p>11:00-Catch-Up with Larisa</p> <p>1:00-Sunny Steppers on the Patio</p> <p>1:00-Men's Group w/ Juan Carlos</p> <p>1:00-TOTALMENTE TRIVIA</p>	<p>10:00-This Is How We BREW It! 13</p> <p>11:00- TAI CHI with IRO</p> <p>11:00-Art Electives</p> <p>1:00-Puzzle Projects @RR</p> <p>1:00- LOTERIA</p> <p>1:45-Prize \$hop \$pending \$pree</p>	<p>10:00-Tempest in a Teapot 14</p> <p>11:00-Cardio Drumming </p> <p>11:00-Art Electives</p> <p>1:00-Name That Place @RR </p> <p>1:00-Memory Games</p> <p>1:00-Movie: Mamma Mia! Here We Go Again</p>	<p>LOIS'S GREAT ESCAPE!!  15</p> <p>10:00-Java Junction</p> <p>11:00-Catholic Mass with Fr. Robert</p> <p>11:00-Art Electives</p> <p>1:00-Puzzle Projects @RR</p> <p>1:00- Lois's Bon Voyage Bash and Appreciation Celebration </p>
<p>10:00-Sereni-TEA Now! 18</p> <p>11:00- TAI CHI with IRO</p> <p>11:00-Grupo de Hombres</p> <p>1:00-Stroll to Remember @RR</p> <p>1:00- BINGO! 1:15-Hand Spa</p> <p>1:45-Hit the BINGO PRIZE \$HOP</p>	<p>STUDIO 74 DISCO PARTY </p> <p>10:00-Java Jive & Stay'n Alive </p> <p>11:00-Learn How to Do The Hustle</p> <p>11:00-Grupo de Mujeres w/ Alondra</p> <p>1:00-Patio Power Hour w/ The RR</p> <p>1:00- B GIE WONDERLAND</p>	<p>10:00-KAWFEE TALK 20</p> <p>11:00- TAI CHI with IRO</p> <p>11:00-  Network</p> <p>1:00-Table Games @RR</p> <p>1:00- LOTERIA</p> <p>1:45-Loteria LOOT \$pending</p>	<p>10:00-Cafecito y Chismecito 21</p> <p>11:00-Prayer Circle with Elena</p> <p>11:00-Catch-Up with Larisa</p> <p>1:00-Where Are You From? @RR</p> <p>1:00-Wheel-of-Fortune</p> <p>1:15-CORN HOLE COMPETION</p>	<p>10:00-Memorial Day Honors  22</p> <p>11:00-Flower Arranging Art</p> <p>11:00-KNIT HAPPENS with Rosa</p> <p>1:00-Gentle Guitar with Will @RR</p> <p>1:00-Viernes de Película: "Mirando al Cielo" </p> <p>1:15-Putt-Putt Golfing</p>
<p>CLOSED / CERRADO 25</p> <p></p>	<p>10:00-It's A BREW-tiful Day! 26</p> <p>11:00- Arts & Crafts</p> <p>11:00- Catch-Up with Larisa</p> <p>1:00-Patio Pacemakers w/ The RR</p> <p>1:00- BINGO!</p> <p>1:15-CA\$H OUT BINGO BUCK\$</p>	<p>10:00- TÉ-rapia Social 27</p> <p>11:00- TAI CHI with IRO</p> <p>11:00-SOLO BUENAS NOTICIAS 😊</p> <p>1:00-Puzzle Projects @RR</p> <p>1:00- LOTERIA</p> <p>1:45-Lucky Loteria \$pending</p>	<p>10:00-News & Coffee Brews 28</p> <p>11:00-Prayer Circle with Elena</p> <p>11:00-Arm Chair Travel to Bhutan</p> <p>1:00-Table Pong @RR</p> <p>1:00-Relaxation Station with Liliana</p> <p>1:15-  Musical Memories <i>Music & Dancing with Juan Carlos</i></p>	<p>10:00-Bes-TEAS Forever! 29</p> <p>11:00-Viaje al Palacio de Bellas Artes</p> <p>11:00- ♠️ Black Jack Table ♠️</p> <p>1:00-Gentle Guitar with Will @RR</p> <p>1:00-INNER GLOW with Christine</p> <p>1:00- TOTALLY TRIVIA</p> <p>1:30- BIRTHDAY CELEBRATION </p>

To Cancel Transportation to Elderday Please Contact **LIFTLINE** (831) 688-9663 **AS SOON AS POSSIBLE**

Menu

		<h2>MAY 2026 ELDERDAY MEALS</h2>				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	<div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>Lunch Is Served At 12:00 pm Daily</p> </div> <p style="text-align: center; margin-top: 20px;"> Offered substitutions : Turkey Sandwich on WW Bread, or Peanut Butter and Jelly Sandwich on WW Bread, or 1 cup Lentil Soup </p>	
				1 Clam Chowder Cucumber Slices Romaine Salad WW Roll/Butter Oyster Crackers 1% Milk		
4 Salisbury Steak Mashed Potatoes Spinach Salad WW Bread/Butter Graham Crackers 1% Milk	5 Chicken Enchilada Zucchini Romaine Salad w/ Carrots Spanish Rice 1% Milk	6 Pizza Three Bean Salad Caesar Salad w/ Egg 1% Milk	7 Turkey Salad Sandwich Tomato Soup Mixed Green Salad WW Bread 1% Milk	8 Chicken Parmesan Green Beans Spinach Salad Risotto WW Roll/Butter 1% Milk		
11 Meatloaf w/ Gravy Mashed Potatoes Tossed Green Salad WW Bread/Butter Graham Crackers 1% Milk	12 Chicken Alfredo Broccoli Spinach Salad WW Roll/Butter 1% Milk	13 Navy Bean Soup Vegetable Pasta Salad Romaine Salad w/ mandarin WW Roll/Butter 1% Milk	14 Crab Salad Carrot Ginger Soup Green Salad WW Roll/Butter Graham Crackers 1% Milk	15 Chicken Stir Fry Sesame Green Bean Carrots & Snow Peas Chow Mein Noodles Brown Rice 1% Milk		
18 Rigatoni Casserole Green Salad w/ Egg Three Bean Salad WW Roll/Butter 1% Milk	19 Sopa de Albondigas Zucchini Romaine Salad w/ Carrots WG Cornbread 1% Milk	20 Turkey Pot Roast Peas & Carrots Tossed Salad w/ Beets Rice Pilaf WW Roll/Butter 1% Milk	21 Fish Sticks Mixed Vegetables Spinach Salad Dill Noodles WW Bread/ Butter 1% Milk	22 Picnic Chicken Ranch Baked Beans Corn on the Cob WW Roll/Butter Graham Crackers 1% Milk		
25 Memorial Day Site Closed	26 Salmon Patty Cauliflower Spinach Salad w/ Carrots WW Pesto Noodles WW Roll/Butter 1% Milk	27 Vegetable Frittata Roasted Potatoes Green Salad w/ Kidney Beans WW Bread/Butter Graham Crackers 1% Milk	28 Beef & Broccoli Napa Cabbage Salad Brown Rice Chow Mein Noodles 1% Milk	29 Cheese Crepe Lentil Salad Mixed Green Salad WW Roll/Butter Graham Crackers 1% Milk		

May Is Older Californians Month


Mayo el Mes de Californianos Mayores
 Scan for Information & Resources
 ♦
 Escanear Para Información Y Recursos



Congratulations to Our First, Monthly “Perfect Attendance” Winners!
Continue Attending Elderday Regularly for Your Health & Wellness



Ernestina, John, Skylar, Will, Tina, Dana, Donna, Pedro, Jimmy, Heidi, Elaine, Chrissy, Mark, and Lorraine