








Monday	Tuesday	Wednesday	Thursday	Friday	
<p>10:00-Time to Spill The Tea 1</p> <p>11:00-TAI CHI with IRO</p> <p>11:00-CATCH-UP! with Larisa</p> <p>1:00-School Days Reminiscing @RR</p> <p>1:00-The Weather Calls for...</p> <p>BINGO!</p> <p>1:45-BINGO Boutique Shopping</p>	<p>10:00-The Caffeine Crew 2</p> <p>11:00-Words & Watercolor with Bhavya</p> <p>11:00-Seeds of Joy Garden Group</p> <p>1:00-Sunny Steppers on the Patio with the Rose Room</p> <p>1:00-LIVE MUSIC @Majel's</p> <p>JOHNNY FABULOUS</p>	<p>10:00-Crónicas del Café 3</p> <p>11:00- TAI CHI with IRO</p> <p>11:00-Watercolor Expressions: Stone Ripples & Reflections</p> <p>1:00-Table Games @RR</p> <p>1:00-LOTERIA</p> <p>1:45-BINGO \$hop Til You Drop!</p>	<p>10:00-Snack & Chat 4</p> <p>11:00- Prayer Circle with Elena</p> <p>11:00-Men's Group with Juan Carlos</p> <p>1:00-Sailing Sensory @RR</p> <p>1:00-PLOT TWISTERS</p> <p>1:15-Dance Lessons: Country Line Dancing</p>	<p>10:00-Los Madrugadores de Oro 5</p> <p>11:00-Women's Group with Alondra</p> <p>11:00-Relaxation Station</p> <p>1:00-Gentle Guitar with Will @RR</p> <p>1:00-Cuentos y Tramas</p> <p>1:15-Bowl-A-Rama</p>	
<p>10:00-Steep Dreams 8</p> <p>11:00-TAI CHI with IRO</p> <p>11:00-BINGO! in the Morning!</p> <p>1:00-Famous Faces Trivia</p> <p>1:00-Live Music @Majel's</p> <p>"Los Primos"</p> <p>1:15-Hand Spa @ The Gym</p>	<p>10:00-Snack & Chat </p> <p>11:00-Words & Watercolor With Bhavya</p> <p>11:00- WASH YOUR WHEELS CARWASH & DETAIL </p> <p>1:00-Grupo de Mujeres con Alondra</p> <p>1:15-Putting Practice</p>	<p>10:00- Cafecito y Chismecito 10</p> <p>11:00- TAI CHI with IRO</p> <p>11:00-Arts & Crafts Corner: Masking Mosaic Watercolor</p> <p>1:00-Puzzle Projects @RR</p> <p>1:00-LOTERIA</p> <p>1:45-BINGO \$hop, \$hop, \$hop</p>	<p>WORLD CUP OPENING MATCH! </p> <p>12:00-MEXICO vs SOUTH AFRICA</p> <p>10:00-La Selección Cafetera</p> <p>11:00- Prayer Circle with Elena</p> <p>11:00- CATCH-UP! With Larisa</p> <p>1:00-FIFA World Cup Match Viewing</p> <p>1:15-Hilarious Human SLOT Machine</p>	<p>10:00-Fancy a CUPPA? 12</p> <p>11:00-Catholic Mass</p> <p>11:00-Arts & Crafts Corner</p> <p>1:00-Grupo de Hombres</p> <p>1:00-Gentle Guitar with Will @RR</p> <p>1:00-WHEEL-of-FORTUNE</p> <p>1:15-CORN HOLE CHALLENGE</p>	
<p>10:00-Sip & Savor 15</p> <p>11:00-TAI CHI with IRO</p> <p>11:00-Women's Group w/ Alondra</p> <p>1:00-Stroll To Remember @RR</p> <p>1:00-Did Someone Say....</p> <p>BINGO!</p> <p>1:45-BINGO \$HOP Til You Drop</p>	<p>10:00-Brewed Bliss 16</p> <p>11:00-Words & Watercolor with Bhavya</p> <p>11:00-CATCH-UP! with Larisa</p> <p>1:00-Move & Mingle on the Patio with The Rose Room</p> <p>1:00-Men's Group with Juan Carlos</p> <p>1:15-CARDIO DRUMMING</p>	<p>10:00-Absolutamen-TÉ Delicioso 1</p> <p>11:00- TAI CHI with IRO</p> <p>11:00-Arts & Crafts Corner: Bird On a Wire Craft</p> <p>1:00-Table Games @RR</p> <p>1:00-LOTERIA</p> <p>1:45-BINGO \$hop \$ale</p>	<p> Father's Day Breakfast</p> <p>10:00-Pancakes For All The Pops! </p> <p>11:00- Prayer Circle with Elena</p> <p>11:00-FATHER'S DAY TRIVIA & GAMES</p> <p>12:30- Flowers & Photos with Watsonville Police Dept. </p> <p>1:15- FATHER'S DAY HONORS </p>	<p>CLOSED / CERRADO 19</p> <p>JUNE TEENTH FREEDOM DAY </p>	
<p>10:00-TEA-rific Day! 22</p> <p>11:00-TAI CHI with IRO</p> <p>11:00-Grupo de Hombres</p> <p>1:00-I Love Reminiscing @RR</p> <p>1:00- BINGO! Is The Game-O!</p> <p>1:15-Hand Spa @ The Gym</p> <p>1:45-BINGO \$hop \$ale</p>	<p>10:00-Coffee & Catch-Up Time 23</p> <p>11:00-Words & Watercolor with Bhavya</p> <p>11:00-Travel Talk: Cuba </p> <p>1:00- Sunshine Striders w/ RR</p> <p>1:00-Rueda de La Fortuna</p> <p>1:15-Outdoor Beachball Volleyball</p>	<p>10:00- TÉ-rapia Social 24</p> <p>11:00- TAI CHI with IRO</p> <p>11:00- WASH YOUR WHEELS CARWASH & DETAIL </p> <p>1:00-Puzzle Projects @RR</p> <p>1:00-LOTERIA</p> <p>1:45-BINGO Boutique \$pending</p>	<p>10:00-Mugs in the Morning 25</p> <p>11:00- Prayer Circle with Elena</p> <p>11:00- News GOOD NEWS! GROUP </p> <p>1:00-Grupo de Mujeres w/ Alondra</p> <p>1:00-Nature Views @RR</p> <p>1:00-TOTALLY TRIVIA</p> <p>1:15- KARAOKE LOUNGE </p>	<p>10:00- Mañanitas y Café 26</p> <p>11:00- CATCH-UP! With Larisa</p> <p>11:00-KNIT HAPPENS with Rosa</p> <p>1:00-Gentle Guitar with Will @RR</p> <p>1:00- INNER GLOW GROUP With Christine</p> <p>1:30- BIRTHDAY CELEBRATION </p>	
<p>10:00-Teatime Tales 29</p> <p>11:00-TAI CHI with IRO</p> <p>11:00-Arts & Crafts Electives</p> <p>1:00-June Vacations & Weddings Reminiscing @RR</p> <p>1:00-BINGO! That's the Ticket!</p> <p>1:45-BINGO \$hop, \$hop, \$hop</p>	<p>10:00-Cawfee Talk 30</p> <p>11:00-Words & Watercolor with Bhavya</p> <p>11:00-Solo Buenas Noticias! </p> <p>1:00-Serenity Sit & Stretch w/RR</p> <p>1:00-Relaxation Station</p> <p>1:15- Musical Memories  with Juan Carlos</p>	<p>ELDERDAY ADHC</p> <p>June 2026</p> <p>501 Main St. Watsonville, CA 95076 (831) 458-3481</p>			<p></p> <p>ELDERDAY</p> <p>ADULT DAY HEALTH CARE</p> <p>COMMUNITY BRIDGES</p> <p>PUENTES DE LA COMUNIDAD </p>

To Cancel Transportation to Elderday Please Contact **LIFTLINE** (831) 688-9663 AS SOON AS POSSIBLE

June 2026 ELDERDAY MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Crab Cakes w/ Lemon Cali Mixed Vegetables Spinach Salad Pesto Noodles WW Roll/Butter 1% Milk	2 Taco Salad w/ Turkey Corn & Peppers Black Beans Tortilla Shell 1% Milk	3 Split Pea Soup Quinoa Veggie Salad Spinach Salad w/ Mandarin WW Bread/Butter 1% Milk	4 Sliced Turkey w/ Gravy Vegetable Blend Romaine Salad Barley Pilarf WW Roll/Butter 1% Milk	5 Vegetarian Lasagna Zuchinni Caesar Salad WW Roll/Butter 1% Milk
8 BBQ Pork Mashed Potatoes Coleslaw WW Bread/Butter 1% Milk	9 Egg Salad Sandwich Cream of Spinach Soup Mixed Green Salad WW Bread 1% Milk	10 Turkey Mole Garden Vegetables Romaine Salad Spanish Rice Corn Tortilla 1% Milk	11 Sweet & Sour Chicken Zucchini Napa Cabbage Salad Brown Rice Graham Crackers 1% Milk	12 Fish Sticks Potato Wedges Coleslaw w/ Carrots WW Roll/Butter Graham Crackers 1% Milk
15 Spaghetti & Meatballs Cauliflower Spinach Salad WW Roll/Butter 1% Milk	16 Turkey Grape Salad Potato Leek Soup Romaine Salad w/ Carrots WW Bread Graham Crackers 1% Milk	17 Quiche Roast Potatoes Romaine Salad w/ Kidney B WG Oatmeal Muffin 1% Milk	18 Teryaki Chicken Sweet Potato Broccoli Brown Rice WW Roll/Butter 1% Milk	19 Juneteenth Holiday 
22 Savory Casserole Cali Mixed Vegetables Mixed Green Salad WW Roll/Butter 1% Milk	23 Southwest Shrimp Sala Black Bean Soup Fiesta Cabbage Salad WW Roll/Butter 1% Milk	24 Lentil Soup Couscous Salad Spinach Salad WW Roll/Butter 1% Milk	25 Crab Crepe Lentil Salad Mixed Green Salad WW Roll/Butter 1% Milk	26 BBQ Chicken Cauliflower au Gratin Sauted Greens Brown Rice Pilaf WW Roll/Butter 1% Milk SF Birthday Cake
29 Salisbury Steak Mashed Potatoes Romaine Salad w/ Peppers WW Bread/ Butter Graham Crackers 1% Milk	30 Chicken Caesar Salad Minestrone Salad Romaine Salad w/ Crouton WW Roll/Butter 1% Milk	<p>Lunch is served daily at 12pm. Offered Substitutions: Turkey Sandwich on WW bread or Peanut Butter and Jelly Sandwich on WW bread or One cup of Lentil Soup</p>		



MAY'S PERFECT ATTENDANCE WINNERS

- Dana • Jeff • Lorraine**
Ginger & Ernie
Matthew • Miguel
Skylar • Ramona • Jessie
America • Gilbert • Salud
Paul • Hilda • Michael
Debbie • Roberto • Dennis
Reyna • Donna • Jimmy M.
Jose O. • Elaine • Hildy
Enrique • Lupita R. • Maria V.
Chabela • Anthony