

FEBRUARY 2026 | Senior Dining Centers

<u>Santa Cruz</u> London Nelson Center 301 Center Street 427-0901 12 pm		<u>Live Oak</u> Live Oak Senior Center 1777 Capitola Rd. 475-7177 12-1pm		 COMMUNITY BRIDGES PUENTES DE LA COMUNIDAD		<u>Ben Lomond</u> Highlands Park Sr. Center 8500 Hwy 9 336-5366 12:00 pm		<u>Watsonville</u> Watsonville Senior Center 114 E. Fifth St. 768-3279 11:30 AM		Please call the dining site of your choice to make reservations the day before you plan to attend.	
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		Contributions of \$3.50 are suggested and appreciated!	
2 BBQ Pork w/ LS BBQ Sauce Mashed Potatoes Coleslaw Whole Wheat Bread & Butter Spiced Apple Slices		3 Chicken Fajitas w/ Tortilla Refried Beans Romaine Salad Spanish Rice Peaches		4 Crab Cakes w/ Lemon Wedge Herbed Cauliflower Spinach Salad Pesto Noodles Tangerine		5 *No 1/2 Pint Milk Served Vegetarian Lasagna Zucchini Caesar Salad w/ Hard Boiled Egg Whole Wheat Roll & Butter Orange Juice		6 Turkey Salad w/ Lettuce Cream of Broccoli Soup Romaine Salad w/ Carrots Whole Wheat Bread & Crackers Banana			
9 Savory Casserole California Mixed Vegetables Mixed Green Salad Whole Wheat Roll & Butter Applesauce		10 Split Pea Soup Mushroom Salad Mixed Green Salad Whole Wheat Bread & Butter Fruit Crisp		11 Sloppy Joes Succotash Romaine Salad w/ Carrots Whole Wheat Bun Tangerine		12 Turkey Tetrazzini Broccoli Red Cabbage Salad Whole Wheat Roll & Butter Banana		13 Chicken Florentine w/ Mushroom Sauce Green Salad w/ Croutons Brown Rice Grape Juice Cheese Cake		MEALS SERVED MONDAY-FRIDAY @ ALL OPEN DINING CENTERS FOR ADULTS 60+	
16 CLOSED Happy Holiday All Centers Will Be Closed		17 Spaghetti & Meatballs Broccoli Romaine Salad Whole Wheat Roll & Butter Apple		18 Happy Chinese New Year! Green Bean Chicken w/ Rice Sesame Carrots Napa Cabbage Salad w/ Sesame Dressing Pineapple Chunks Fortune Cookie		19 Potato, Kale & Cheese Enchilada Refried Beans Green Salad w/ Carrots Mexico City Rice Orange Juice		20 Lentil Soup with Crackers Vegetable Pasta Salad Spinach Salad w/ Mandarins Whole Wheat Roll & Butter Banana			
23 Salisbury Steak w/ Low Sodium Gravy Mashed Potatoes Spinach Salad w/ Red Peppers Whole Wheat Bread & Butter Graham Crackers/Spiced Apples		24 Vegetarian Chili Cauliflower Romaine Salad Whole Grain Cornbread & Butter Banana		25 Chicken Alfredo Casserole Italian Green Beans Romaine Salad Whole Wheat Roll & Butter Orange		26 Mexican Stew (Picadillo) Corn w/ Peppers Green Salad Mexican Rice Corn Tortilla Pears		27 Baked Fish w/ Lemon Wedge Baked Potato w/ Sour Cream Spinach Salad Whole Wheat Bread & Butter Tangerine Birthday Cake		There is no obligation to contribute, contributon is voluntary, and no one will be denied participation if they are unable to contribute.	
								 * Represents Vegetarian		Each meal is served with a 1/2 pint of 1% milk.	
										Transportation may be available.	

FEBRERO 2026 | Centros Comedores

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LUNES		MARTES		MIERCOLES		JUEVES		VIERNES	
2 Carne de Puerco c/ Salsa de Babacoa Baja en Sodio Puré de Papa Ensalada de Repollo Pan Integral y Mantequilla Manzana Especiada		3 Fajitas de Pollo Frijoles Refritos Ensalada Romana Arroz Español Tortilla de Maíz Duraznos		4 Pastel de Cangrejo c/ Limon Coliflor con Hierbas Ensalada de Espinacas Fideos al Pesto Mandarina		5 No 1/2 Pinta de Leche Servida Lasaña Vegetariano ✓ Calabaza Ensalada Cesar c/ Huevo Cocido Panecillo Integral & Mantequilla Jugo de Naranja		6 Ensalada de Pavo c/ Lechuga Sopa de Crema de Brócoli Ensalada Romana c/ Zanahorias Pan Integral Galletas Integral Platano	
9 Cacerola de Fideos y Carne Verduras Mixtas de California Ensalada Mixta Panecillo Integral & Mantequilla Puré de Manzana		10 ✓ Sopa de Chicharos Ensalada de Hongas y Verduras Ensalada Verde Pan Integral & Mantequilla Crujiente de Fruta		11 Bocadillo de Carne Molida Habas con Elotes Ensalada Romana c/ Zanahorias Bollo Integral Mandarina		12 Tetrazzini de Pavo Brócoli Ensalada de Repollo Rojo Panecillo Integral & Mantequilla Platano		13 Pollo Florentino con Salsa de Hongos Ensalada Verde con Picatostes Arroz Integral Jugo de Uva Tarta de Queso	
16 CERRADO Feliz Fiestas Todos Los Centros Estarán Cerrados		17 Espaguetis con Albondigas Brócoli Ensalada Romana Panecillo & Mantequilla Manzana		18 ¡Feliz Año Nuevo Chino! Pollo con Ejotes y Arroz Zanahorias con Sésamo Ensalada de Repollo Napa c/ Aderezo de Sésamo Trozos de Piña Galletas de la Fortuna		19 ✓ Enchiladas de Papa, Col Rizada y Queso Frijoles Refritos Ensalada Verde c/ Zanahorias Arroz Mexicano Jugo de Naranja		20 ✓ Sopa de Lentejas c/ Galletas Ensalada de Pasta y Verduras Ensalada de Espinacas c/ Mandarina Panecillo Integral & Mantequilla Platano	
23 Carne de Res c/ Salsa Bajo en Sodio Puré de Papa Ensalada de Espinacas c/ Pimientos Pan Integral Galletas de Graham Manzana Especiada		24 ✓ Chile Vegetariano Coliflor Ensalada Romana Pan de Elote & Mantequilla Platano		25 Cacerola de Pollo Alfredo Ejotes Estilo Italiano Ensalada Romana Panecillo Integral & Mantequilla Naranja		26 Picadillo Elote c/ Pimientos Ensalada Verde Arroz Mexicano Tortilla de Maíz Peras		27 Pescado al Horno c/ Cuña de Limón Papa Horneada c/ Crema Agria Ensalada de Espinacas Pan Integral & Mantequilla Mandarina Pastel de Cumpleaños	
								✓*Representa Vegetariano	
								Cada comida se sirve con 1/2 pinta de leche de 1%	
								Transporte puede estar disponible.	