



*Monterey Bay FC pro soccer players Ethan Bryant and Nico Campuzano visited the Aztecas Program Clubhouse in early April.*

## Monterey Bay FC Visits Watsonville's Aztecas

Housed within La Manzana Community Resources in downtown Watsonville, the Aztecas Program is far more than just a soccer team—it's a holistic youth development program that aims to inspire personal growth, academic success, and community engagement.

Recently, the Aztecas kids had a special treat as they welcomed two professional soccer players from Monterey Bay FC—Ethan Bryant and Nico Campuzano—who spent time with the youth, playing video games, engaging in board games, and sharing how soccer has shaped their lives.

A big thank you goes out to Ethan and Nico for their time, energy, and the invaluable advice they provided our kids. Their visit was an inspiring reminder of the power of sports in fostering confidence, resilience, and community.

The **Aztecas Program** gives kids the tools they need to succeed both on and off the field. Supported by **Santa Cruz County's Probation Department** and **Community Bridges**, the program offers mentorship, life skills, and teamwork in a safe and supportive environment where kids can grow academically and personally.

### **Be Part of a Team—Build Character and Confidence**

In the Aztecas Program, soccer is more than just a game. It teaches kids important life lessons like teamwork, leadership, and discipline. These lessons help them stay active while developing valuable skills. Weekly practices are held on Mondays from **5:00 PM to 6:00 PM** at **Soccer Central Indoor Sports** (34 Harkins Slough Road, Watsonville). During practice, kids learn soccer techniques that improve their teamwork and personal responsibility. Through soccer, they build self-esteem, resilience, and pride in being part of a team.

### **Learn, Explore, Grow**

The Aztecas Program isn't just about soccer. It also provides fun field trips and after-school activities. Kids have a safe place to gather, learn, and grow. The **Aztecas clubhouse** (521 Main Street, Suite H, Watsonville) is open Monday from **1:00 PM to 4:30 PM**, Tuesday and Thursday from **2:00 PM to 7:00 PM**, Wednesday from **2:00 PM to 6:00 PM**, and Friday from **1:00 PM to 5:00 PM**. It's a place where kids can work on their skills and be creative in a positive and supportive environment.

### **Academic and Career Support**

The program also helps kids excel in school and plan for their future. Participants receive personalized support for homework, tutoring, and advice about school and jobs. The program guides kids through exams, college applications, scholarships, and finding jobs. By building self-confidence, responsibility, and teamwork, Aztecas helps kids reach their dreams and make a positive impact on their community.

The Aztecas Program is open to all kids in the Pajaro Valley and Santa Cruz County.

### **Ready to Register? Contact Us Today:**

Onniel Sanchez | [onniels@cbridges.org](mailto:onniels@cbridges.org) | 831.724.2997 x203



Learn More About the Aztecas Program

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## Help Your Child Navigate Bullying with Confidence

At Community Bridges, we believe that every parent deserves the tools to support their child through life's challenges. That's why our Family Resource Collective is proud to partner with Triple P, First 5 Santa Cruz County, and the County of Santa Cruz to offer free parenting workshops that make a real difference.

Join us for an upcoming workshop focused on helping families recognize and respond to bullying. Whether your child is being bullied, witnessing bullying, or acting out, this interactive session will equip you with practical strategies to respond with confidence and care.

This free, in-person workshop is designed for families with children up to age 12 and will cover:

- How to recognize different types of bullying
- Common reasons why children bully others
- What to do if your child is being bullied

### Class Details:

**Date:** Friday, May 16, 2025

**Time:** 12:30 – 2:00 PM

**Location:** Capitola Public Library, Community Room – 2005 Wharf Rd, Capitola

**Language:** Presented in English

**Facilitator:** Salma Albor, Community Bridges – La Manzanita Community Resources

Children playing quietly or on a parent's lap are welcome. Light snacks will be provided.

**Register today:** [bit.ly/Bullying-May16](https://bit.ly/Bullying-May16)

**Questions?** Contact Salma Albor at (831) 724-2997 ext. 220 or [salmaal@cbridges.org](mailto:salmaal@cbridges.org).

## IN THE NEWS

Key headlines from Community Bridges' Family Resource Collective and challenges impacting local children, parents, and families.

- [Biden let California get creative with Medicaid spending, Trump is signaling that may end](#)
- [Guest Commentary | California must ensure sustainable funding for nonprofits](#)
- [Central Coast residents worry as National Weather Service stops translation services](#)
- [Federal actions cast shadow over health outcomes in Santa Cruz County](#)

### Learn more about our Family Resource Collective Sites

- [La Manzanita Community Resources](#)
- [Live Oak Community Resources](#)
- [Nueva Vista Community Resources](#)
- [Mountain Community Resources](#)



### **Counseling**

We offer free counseling and advocacy through partnerships with pre-licensed professional clinical counselors. Services are available for youth, families, and individuals seeking support with stress management, healthy coping strategies, and other personal challenges.

To schedule an appointment, call (831) 476-7284 ext. 104.



### **Eviction Defense Collaborative**

The Family Resource Collective's Eviction Defense Collaborative is a vital partnership that provides essential services to help prevent evictions and support both tenants and landlords. Assistance is available through our FRC sites across Santa Cruz County.

For help or more information, call (831) 288-2148.



### **Public Benefits Enrollment Assistance**

Need help navigating government services? Our trained advocates assist with enrollment, renewals, and reporting for programs like CalFresh, Medi-Cal, Covered California, and unemployment benefits. Services are available at all FRC locations.

Learn more at [communitybridges.org/lmcr](https://communitybridges.org/lmcr).



### **Enhanced Care Management (ECM)**

We provide specialized support for Medi-Cal members of all ages with complex medical and social needs. Our bilingual, bicultural care managers help clients navigate care, improve well-being, and live healthier lives. ECM services are fully covered through Medi-Cal's CalAIM program.

Contact us at (831) 688-8840 ext. 4020.

## **Help Strengthen Our Community: Work with the Family Resource Collective!**

Community Bridges envisions a thriving community where everyone can unleash their full potential.

Our Family Resource Collective team works collaboratively with community partners, residents, businesses, foundations, donors, supporters, volunteers, and the Community Bridges family of programs to provide our participants with access to resources that offer stability and hope for the future.

Here are a few of our current opportunities:

- [Program Manager – Enhanced Care Management](#)
- [Program Manager – Mountain Community Resources](#)
- [Program Coordinator, Summer Lunch – La Manzanita Community Resources \(Limited Term\)](#)

If you're ready to make a difference, we encourage you to apply today! You can submit your application online [HERE](#) or by contacting our Human Resources department via email at [recruitments@cbridges.org](mailto:recruitments@cbridges.org). We're also available in person at 519 Main Street, Watsonville CA 95076, or over the phone at 831-688-8840 ext. 200.

Join us at Community Bridges Family Resource Collective. Your career awaits!



Apply Today!



Show your support of Community Bridges and the Family Resource Collective by shopping at our TeePublic storefront! A portion of the proceeds of every sale go toward Community Bridges and the FRC!

BUY COMMUNITY  
BRIDGES MERCH



The generosity of our community is what drives the FRC's life-changing work and ensures we can continue to serve more than 12,000 of our friends, family, and neighbors in need each year. Every donation makes a difference.

DONATE: SUPPORT  
OUR WORK



The FRC's work would not be possible without our dedicated volunteers. From helping with food distributions to conducting community outreach, our FRC centers have a plethora of volunteer opportunities.

HELP YOUR  
COMMUNITY



#### Our Contact Information

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