

Monday	Tuesday	Wednesday	Thursday	Friday
ELDERDAY ADULT DAY HEALTH CARE COMMUNITY BRIDGES PUENTES DE LA COMUNIDAD	APRIL FOOLS DAY 10:00-Margaritas in the Morning 11:00-GRUPO de HAMBRES 11:00-Christmas Carol Stroll 1:00-Scuba Diving for Beginners @RR 1:00-LOTAPIA ?	10:00-Cafécito y Platica 11:00-TAI CHI with Iro 11:00-Arts & Crafts: Spring Mural Design 1:00-Dealers Choice @RR 1:00-Coffee Talk with Larisa 1:00-LOTERIA	10:00- Coffee Chat 11:00-Prayer Circle with Elena 11:00-ARTS & CRAFTS: Spring Mural Design 1:00-Musical Reminiscing @RR 1:00-JEOPARDY! 1:15-Hand Spa @GYM	10:00-Tea Talk 11:00-TAI CHI with Iro 11:00-Grupo de Mujeres 1:00-Reminiscing & Trivia @RR 1:00-Recuerdos de Novelas 1:15- Cue Ball Wizards
10:00-Mugs in the Morning 11:00-TAI CHI with Iro 11:00-Grupo de Mujeres 1:00-Reminiscing @RR 1:00-BINGO 1:45-Prize Mall Shopping	10:00- Coffee Crew 11:00-Arts & Crafts-Woven Flower 11:00-Prize Mall Shopping 1:00-Charades @RR 1:00-TRIVIA ? 1:15-DRUMMING to the BEAT	10:00- Java Jam in the A.M. 11:00-TAI CHI with Iro 11:00-Art & Crafts 1:00-Captain's Call @RR 1:00-LOTERIA 1:45-Prize Mall Shopping	10:00-Brew Crew 11:00-MEN'S GROUP 11:00-Prayer Circle with Elena 1:00-Wildflower Explorations @RR 1:00-Prize Mall Shopping 1:15-Relaxation Station w/Liliana	10:00-Sereni-TEA 11:00-Arts & Crafts 11:00-THIS JUST IN...World News 1:00-Table Tennis @RR 1:00-Coffee Talk with Larisa 1:00-Recetas y Recuerdos
WORLD ART DAY 10:00- Coffee Chat 11:00-TAI CHI with Iro 11:00-GRUPO de HOMBRES 11:00-MURAL PAINTING @Patio 1:00-Watercolor Expressions @RR 1:00-BINGO! 1:45-Prize Shopping	10:00-Café du Jour 11:00-Art & Crafts: Spring & Easter 11:00-Prize Mall Shopping 1:00-Table Tennis @RR 1:00-Ballet Folklorico 1:45-PUTTERS PRACTICE	Selena DAY 10:00-Café Como La Flor 11:00-TAI CHI with Iro 11:00-Bidi-Bidi-Bom-Bom Bailando 1:00-Bhavya's Art & Inspiration 1:00-Selena Movie @RR 1:00-LOTERIA	10:00-Fancy a CUPPA? 11:00-Prayer Circle with Elena 11:00-THIS JUST IN...Morning News 1:00-Musical Reminiscing @RR 1:15-BOWL-A-RAMA 1:15-Hand pa @GYM	10:00-Tempest in a TEA pot 11:00-Women's Group 11:00-THIS JUST IN...World News 1:00-Famous Faces Trivia @RR 1:00-Black Jack Table 1:15-PANIC AT THE DISCO
DIENTES Community Dental 10:00-Mugs in the Morning 11:00-TAI CHI with Iro 11:00-Art & Crafts 1:00-Reminiscing @RR 1:00-MEN'S GROUP 1:00-BINGO	Happy Earth Day! 10:00-Thé du Jour 11:00-Earth Day Mosaic Art 11:00-MEN'S GROUP 1:00-Garden Crafts @RR 1:00-TRIVIA ? (en ESP) 1:15-Music & Melodies w/Juan Carlos	WORLD BOOK DAY 10:00-Books and Brewing's 11:00-TAI CHI with Iro 11:00-Art & Crafts 1:00-Player's Pick @RR 1:00-Bhavya's Art & Inspiration 1:00-LOTERIA	10:00-Café y Compañía 11:00-Prize Mall Shopping 11:00-Coffee Talk with Larisa 1:00-Birds of Paradise @RR 1:00-Black Jack Table 1:15-CLUB KARAOKE	10:00-TEA-rific Day! 11:00-CATHOLIC MASS 11:00-THIS JUST IN...World News 1:00-HOT RODS & Memories @RR 1:00-Christine's Inner Glow Gang 1:30-BIRTHDAY CELEBRATION
10:00-JAVA JOY! 11:00-TAI CHI with Iro 11:00-Women's Group 1:00-Watercolor Expressions @RR 1:00-BINGO 1:45-Prize Mall Shopping	10:00-Spill the TEA 11:00-Arts & Crafts 11:00-Gardening Group 1:00-Table Games @RR 1:00-Wheel-of-Fortune 1:15-Relaxation Station w/Liliana	10:00- Coffee Chat 11:00-TAI CHI with Iro 11:00-Arts & Crafts 1:00-Player's Pick @RR 1:00-Bhavya's Art & Inspiration 1:00-LOTERIA 1:15-Prize Mall Shopping	ELDERDAY April 2025 501 Main St. Watsonville, CA 95076 (831) 458-3481	

To Cancel Transportation to Elderday, Please Contact **LIFTLINE** (831) 688-9663 AS SOON AS POSSIBLE

LUNCH IS SERVED DAILY AT 12:00

MENU

 ELDERDAY ADULT DAY HEALTH CARE COMMUNITY BRIDGES PUENTES DE LA COMUNIDAD  APRIL 2025 ELDERDAY MEALS  COMMUNITY BRIDGES PUENTES DE LA COMUNIDAD					Offered substitutions : Turkey Sandwich on WW Bread, or Peanut Butter and Jelly Sandwich on WW Bread, or 1 cup Lentil Soup
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	1 Picadillo Mixed Vegetables Romaine Salad Mexican Rice Corn Tortilla 1% Milk	2 Sweet & Sour Shrimp Sesame Green Beans Vegetable Chow Mein Brown Rice 1% Milk	3 Sliced Turkey with Mushroom Gravy Garden Blend Vegetables Romaine Salad Barley Pilaf WW Roll/Butter 1% Milk	4 Rigatoni Casserole Three Bean Salad Mixed Green Salad w/ Eggs WW Roll/Butter 1% Milk	
7 Shephard's Pie Green Salad WW Roll/Butter Graham Crackers 1% Milk	8 Vegetarian Chili Mixed Vegetables Spinach Salad Cornbread 1% Milk	9 Beef Fajitas Refried Beans Romaine Salad Spanish Rice Tortilla 1% Milk	10 Chicken Parmesan Broccoli Mixed Green Salad WW Noodles WW Roll/Butter 1% Milk	11 Tuna Salad Cream of Broccoli Soup Carrot Raisin Salad WW Bread 1% Milk	
14 Meatloaf w/ Gravy Mashed Potatoes Green Salad w/ peppers WW Roll/Butter Graham Crackers 1% Milk	15 Sopa de Albondigas Cauliflower w/ Peppers Spinach Salad Cornbread 1% Milk	16 Fish Sticks Peas & Carrots Mixed Green Salad Brown Rice Pilaf WW Bread/ Butter 1% Milk	17 Chicken Breast w/ Rice Stuffing & Wine Carrots Celebration Salad WW Roll/Butter 1% Milk Spring Celebration!	18 Lentil Soup Vegetable Pasta Salad Spinach Salad WW Roll/Butter 1% Milk	
21 BBQ Pork Mashed Potatoes Coleslaw WW Bread/Butter Graham Crackers 1% Milk	22 Three Bean Minestrone Pesto Pasta Salad Tossed Green Salad Garlic Bread 1% Milk	23 Crab Salad Garden Vegetable Soup Carrot Raisin Salad WW Bread WW Crackers 1% Milk	24 Chicken Enchiladas Cauliflower w/ Peppers Fiesta Cabbage Salad Spanish Rice Tortilla 1% Milk	25 Turkey Pot Roast Roasted Potatoes Mixed Green Salad WW Roll/Butter 1% Milk Sugar Free Birthday Cake	
28 Quiche Potatoes Romaine Salad WW Roll/ Butter 1% Milk	29 Chicken Tortilla Soup Corn w/ Peppers Mixed Green Salad Mexican Rice Tortilla Strips 1% Milk	30 Turkey Stew Romaine Salad Beets WW Biscuit/Butter 1% Milk			