












Monday	Tuesday	Wednesday	Thursday	Friday
10:00- TEA -riffic Monday 3 11:00- TAI CHI with Iro 11:00- Grupo de Hombres 12:00- LUNCH 1:00- Reminiscing Recipes @RR 1:00- -BINGO- 1:45- Prize Mall Shopping	 HAPPY MARDI GRAS 10:00- <i>Café Du Elderday</i> 11:00- Mask Making 11:45- Mardi Gras Parade 12:00- LUNCH 1:00- Balloon Volleyball @RR 1:00- Johnny Fabulous	 ASH WEDNESDAY 5 10:00- <i>Fr. Robert to Deliver Ashes</i> 11:00- TAI CHI with Iro 12:00- LUNCH 1:00- DEALERS CHOICE @RR 1:00- Coffee Club with Larisa 1:00- LOTERIA	6 10:00- Brew Crew 11:00- PRAYER CIRCLE 11:00- Totally Trivia 1:00- Dancing Through Decades @RR 1:00- Pack Your Passport: Let's Visit: South Korea  1:15- BOWL-A-RAMA	7 10:00- Despertando Lentamen- TÉ 11:00- Grupo de Mujeres 11:00- ARTS & CRAFTS 12:00- LUNCH 1:00- Famous Faces @RR 1:00- Prize Mall Shopping 1:00- Totalmente Trivia (Span)
10 10:00- Snack'n Chat 11:00- TAI CHI with Iro 11:00- Women's Group 12:00- LUNCH 1:00- Watercolor Expressions @RR 1:00- Coffee Club with Larisa 1:00- LOTERIA 1:45- Prize Mall Shopping	11 10:00- Sereni- TEA NOW! 11:00- ARTS & CRAFTS 11:00- Recetas y Recuerdos 12:00- LUNCH 1:00- CHARADES @RR  1:00- Relaxation Station 1:15- Mini-Golfing	12 10:00- Java Junction 11:00- TAI CHI with Iro 11:00- Outdoor Walkabout  12:00- LUNCH 1:00- CAPTAIN'S CALL @RR 1:00- -BINGO- 1:15- Prize Mall Shopping	13 10:00- Let's Spill the TEA 11:00- PRAYER CIRCLE 11:00- Men's Group 12:00- LUNCH 1:00- Table Tennis @RR 1:00- KARAOKE 1:15- HAND SPA @GYM	14 10:00- Cafecito Calmadito 11:00- ARTS & CRAFTS 11:30- Prize Mall Shopping 12:00- LUNCH 1:00- Soft Music with Will @RR 1:00- BLACKJACK TABLE 1:15- DANCE CLUB
 ST. PATRICK'S DAY 17 DIENES Community Dental 10:00- TEA Of the Morning To Ya! 11:00- TAI CHI with Iro 11:30- Shamrock Games & Photos 12:00- LUNCH 1:00- Reminiscing Holidays @RR 1:00- -BINGO-	18 10:00- Mugs in the Morning 11:00- Grupo de Hombres 11:00- ARTS & CRAFTS 12:00- LUNCH 1:00- Balloon Volleyball @RR 1:00- JEOPARDY! 1:15- DRUMMING FOR FUN	19 10:00- TÉ -rapia Social 11:00- TAI CHI with Iro 11:00- Outdoor Walkabout  12:00- LUNCH 1:00- HOUSE PICK @RR 1:00- Coffee Club with Larisa 1:00- LOTERIA	20 10:00- Cafecito Y Chismecito 11:00- Prize Mall Shopping 11:00- JEOPARDY! 12:00- LUNCH 1:00- Wild Kingdom Memories @RR 1:00- Musical Memories Group 1:15- Cornhole	21 10:00- It's a BREW -tiful Day 11:00- Women's Group 11:00- CATHOLIC MASS  12:00- LUNCH 1:00- Name That Movie @RR 1:00- BLACKJACK TABLE 1:15- KARAOKE LOUNGE
24 10:00- Coffee Therapy 11:00- TAI CHI with Iro 11:00- Grupo de Mujeres 12:00- LUNCH 1:00- Watercolor Expressions @RR 1:00- Coffee Club with Larisa 1:00- LOTERIA	25 10:00- Fancy a CUPPA? 11:00- ARTS & CRAFTS 11:00- Musical Memories Group 12:00- LUNCH 1:00- CHARADES @RR 1:00- Recordando Las Novelas 1:15- HOOPS!	26 10:00- JAVA JOY! 11:00- TAI CHI with Iro 11:00- Outdoor Walkabout  12:00- LUNCH 1:00- MYSTERY BAG @RR 1:00- -BINGO- 1:15- Prize Mall Shopping	27 10:00- The Ugly Mug 11:00- PRAYER CIRCLE 11:00- WHEEL-OF-FORTUNE 12:00- LUNCH 1:00- Table Tennis @RR 1:00- Music with Juan Carlos 1:15- HAND SPA @GYM	28 10:00- Tempest in a TEApot 11:00- Men's Group 11:00- ARTS & CRAFTS 12:00- LUNCH 1:00- Soft Music with Will @RR  1:00- Christine's Inner Glow Gang 1:45- BIRTHDAYS CELEBRATION

CLOSED / CERRADO **31**

“Together, all things are possible.”



Cesar Chavez Day



March 2025

501 Main St. Watsonville, CA 95076 (831) 458-3481



ELDERDAY
ADULT DAY HEALTH CARE

COMMUNITY BRIDGES
PUENTES DE LA COMUNIDAD 

To Cancel Transportation to Elderday, Please Contact **LIFTLINE** (831) 688-9663 AS SOON AS POSSIBLE

MENU



MARCH 2025 | ELDERDAY MEALS



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Crab Cakes Herb Cauliflower Romaine Salad w/ Carrots Pesto Noodles WW Roll/Butter 1% Milk	4 Chicken Mole Pinto Beans Spinach Salad Mexican Rice Corn Tortilla 1% Milk	5 Tuna Noodle Casserole Peas & Mushrooms Green Salad WW Bread/Butter 1% Milk	6 Beef and Lentil Stew Zucchini Mixed Salad w/ Peppers WW Biscuit/Butter 1% Milk	7 Pizza Three Bean Salad Caesar Salad 1% Milk
10 Salisbury Steak w/ Gravy Mashed Potatoes Green Salad w/ Peppers WW Bread/Butter Graham Crackers 1% Milk	11 Eggplant Parmesan Three Bean Salad Green Salad w/ Egg Butter WW Noodles Garlic Bread 1% Milk	12 Chicken Pozole Zucchini Mixed Green Salad Spanish Rice WW Crackers 1% Milk	13 Turkey Burger Coleslaw Potato Wedges WW Bun 1% Milk	14 Lima Bean Chowder Couscous Veg Salad Spinach Salad WW Roll/Butter 1% Milk
17 Corned Beef Sandwich Cream of Potato Soup Blarney Slaw Rye Bread 1% Milk	18 Green Bean Chicken Vegetable Chow Mein Sesame Napa Cabbage Brown Rice 1% Milk	19 Potato Kale Enchilada Refried Beans Romaine Salad w/ Mexico City Rice 1% Milk	20 Egg Salad Garden Vegetable Soup Spinach Salad WW Bread Graham Crackers 1% Milk	21 Fish Sticks Sweet Potato Mixed Green Salad Dill WW Noodles WW Roll/Butter 1% Milk
24 Meatball Stroganoff Cali Blend Vegetables Green Salad w/ Red Cabbage WW Roll/Butter 1% Milk	25 Navy Bean Soup Vegetable Pasta Salad Tossed Green Salad Graham Crackers 1% Milk	26 Turkey Divan Casserole Steamed Carrots Spinach Salad Brown Rice WW Roll/Butter 1% Milk	27 Beef & Cheese Soft Taco Garden Vegetables Romaine Salad Mexico City Rice Tortilla 1% Milk	28 Salmon Patty w/ Tzatziki Zucchini Green Salad w/ Feta Dill WW Noodles WW Roll/Butter 1% Milk Sugar Free Birthday Cake
31 Cesar Chavez Day Site Closed				

Offered substitutions : Turkey Sandwich on WW Bread, or Peanut Butter and Jelly Sandwich on WW Bread, or 1 cup Lentil Soup