





Monday

Tuesday

Wednesday

Thursday

Friday

 <p>ELDERDAY ADULT DAY HEALTH CARE COMMUNITY BRIDGES PUENTES DE LA COMUNIDAD</p>	<p>JANUARY 2025</p>  <p>501 Main St. Watsonville, CA. 95076 831-458-3481</p>	<p>CLOSED / CERRADO 1</p> 	<p>10:00-Café y Compañía 2 11:00-Prayer Circle with Elena 11:00-2025 VISION BOARD CRAFT 12:00-LUNCH 1:00-New Year Traditions Around The World @RR (video) 1:00-LOTERIA 1:45-Prize Shopping</p>	<p>10:00-Fancy a CUPPA? 3 11:00-GRUPO de HOMBRES 11:00-Tai Chi with Iro 12:00-LUNCH 1:00-Musical Memories with Will 1:00-Totally Trivia 1:15-BOWL -A-RAMA!</p>
<p>DÍA de REYES 6</p> <p>10:00-Spill the Tea 11:00-MEN'S GROUP 11:00-Tai Chi with Iro 12:00-LUNCH 1:00-Reminiscing @RR 1:00-BINGO 1:45-Rosca de Reyes</p>	<p>10:00-Coffee Clutch 7 11:00-Relaxation Station 11:00-2025 VISION BOARD CRAFT 12:00-LUNCH 1:00-Watercolor Art @RR 1:00-TOTALMENTE TRIVIA (Span) 1:15-GOLF PUTTING PRACTICE</p>	<p>10:00-Absolutamen-TÉ Delicioso! 8 11:00-Tai Chi with Iro 11:00-2025 VISION BOARD CRAFT 12:00-LUNCH 1:00-Bridgetown Music @RR 1:00-Coffee Talk with Larisa 1:00-LOTERIA</p>	<p>10:00-SNACK'N CHAT 9 11:00-2025 VISION BOARD CRAFT 11:00-BINGO BOUTIQUE Open 12:00-LUNCH 1:00-Winter Art Collage @RR 1:00-Wheel-of-Fortune 1:15-DRUMMING TO THE BEAT</p>	<p>10:00-MUGS IN THE MORNING 10 11:00-CATHOLIC MASS 11:00-WOMEN'S GROUP 12:00-LUNCH 1:00-HOOPS! @RR 1:00-Broadway Musical Hour 1:15-Reminiscencia</p>
<p>10:00-Coffee & Company 13 11:00-GRUPO de MUJERES 11:00-Tai Chi with Iro 12:00-LUNCH 1:00-Music Trivia @RR 1:00-Coffee Talk with Larisa 1:00-BINGO</p>	<p>10:00-Sereni-TEA NOW! 14 11:00-GRUPO de HOMBRES 11:00-Travel Bag Craft 12:00-LUNCH 1:00-Balloon Badminton @RR 1:00-JEOPARDY! 1:15-SHUFFLE BOARD</p>	<p>DIENTES COMMUNITY DENTAL 15 11:00-Tai Chi with Iro 11:00-Travel Bag Craft 12:00-LUNCH 1:00-Watercolor Art @RR 1:00-LOTERIA 1:45-Prize Boutique Shopping</p>	<p>10:00-TÉ-rapia Social 16 11:00-Prayer Circle with Elena 12:00-LUNCH 1:00-PARTICIPANT COUNCIL 1:00-Travel Talk @RR 1:00-RECETAS y RECUERDOS 1:00-HAND SPA @Gym</p>	<p>10:00-TEMPEST in a TEApot 17 11:00-Travel Bag Craft 11:00-Relaxation Station 12:00-LUNCH 1:00-Badminton @RR 1:00-TOTALLY TRIVIA 1:15-SLOTS! Game</p>
<p>CLOSED / CERRADO 20</p> 	<p>10:00-Café y Compañía 21 11:00-MEN'S GROUP 11:00-Chinese Lantern Craft 12:00-LUNCH 1:00-Watercolor Art @RR 1:00-BINGO 1:45-Prize Boutique Shopping</p>	<p>10:00-JAVA JOY! 22 11:00-Tai Chi with Iro 11:00-Chinese Lantern Crafts 12:00-LUNCH 1:00-Bridgetown Music @RR 1:00-Coffee Talk with Larisa 1:00-LOTERIA</p>	<p>10:00-Royal-TEA Treatment 23 11:00-Prayer Circle with Elena 11:00-Chinese Lantern Crafts 12:00-LUNCH 1:00-Clay Crafts @RR 1:00-TOTALLY TRIVIA 1:15-Seated Sprints & Games</p>	<p>10:00-KAWfee Talk 24 11:00-Tai Chi with Iro 11:00-GRUPO de MUJERES 12:00-LUNCH 1:00-SELF-CARE WITH CHRISTINE 1:00-TOTALMENTE TRIVIA (Span) 1:15-CORN HOLE</p>
<p>10:00-Excelen-TÉ Día 27 11:00-WOMEN'S GROUP 11:00-Tai Chi with Iro 12:00-LUNCH 1:00-Reminiscing @RR 1:00-Coffee Talk with Larisa 1:00-BINGO 1:45-Prize Boutique Shopping</p>	<p>10:00-BREW Crew 28 11:00-Chinese New Year Crafts 11:00-Pack Your Passport 12:00-LUNCH 1:00-Pool Noodle Hockey @RR 1:00-Wheel-of-Fortune 1:15-Shuffle Board Showdown</p>	<p>Chinese Lunar New Year 11:00-Tai Chi with Iro 11:45-New Year Parade 12:00-LUNCH 1:00-Watercolor Art @RR 1:00-LOTERIA 1:45-Prize Boutique Shopping</p>	<p>10:00-Cafécito y Chismecito 30 11:00-Prayer Circle with Elena 12:00-LUNCH 1:00-"Dancing with the Birds"@RR 1:00-JEOPARDY! 1:15-HAND SPA @Gym 1:15-Reminiscencia</p>	<p>10:00-Bes-TEAS in the Morning 31 11:00-BINGO BOUTIQUE Open 12:00-LUNCH 1:00-Musical Memories with Will 1:00-Mini Golf Games 1:45-HAPPY BIRTHDAY CELEBRATION</p>

To Cancel Transportation to Elderday, Please Contact **LIFTLINE** (831) 688-9663 AS SOON AS POSSIBLE

MENU



JANUARY 2025 | ELDERDAY MEALS



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 New Year's Day Site Closed	2 Crab Cakes w/ Lemon Herb Cauliflower Romaine Saladw/ Carrots Pesto Noodles WW Roll/Butter 1% Milk	3 Potato Kale Cheese Enchilada Refried Beans Green Salad w/ Carrots Mexico City Rice 1% Milk
6 Salisbury Steak w/ Gr Mashed Potatoes Green Salad w/ Peppers WW Bread/Butter Graham Crackers 1% Milk	7 Mexican Chicken Noo Soup Pinto Beans Mixed Green Salad Corn Tortilla 1% Milk	8 Turkey Burger Coleslaw Potato Wedges WW Bun 1% Milk	9 Salmon Patty w/ Lemor Zuchinni Green Salad Dill Noodles WW Roll/Butter 1% Milk	10 Lima Bean Chowder Couscous Veg Salad Spinach Salad WW Roll/Butter 1% Milk
13 Macaroni & Cheese Broccoli Three Bean Salad WW Roll/Butter 1% Milk	14 Fish Sticks w/ Tartar Sweet Potato Spinach Salad WW Roll/ Butter Graham Crackers 1% Milk	15 Turkey Divan Cassero Steamed Carrots Mixed Green Salad Brown Rice WW Roll/Butter 1% Milk	16 Chicken Mole Pinto Beans Spinach Salad Mexican Rice Corn Tortilla 1% Milk	17 Beef & Lentil Stew Zuchinni Mixed Green Salad WW Biscuit/Butter 1% Milk
20 MLK Holiday Site Closed	21 BBQ Pork Mashed Potatoes Green Salad w/ Red Pepp WW Bread/Butter Graham Crackers 1% Milk	22 Pizza Three Bean Salad Caesar Salad 1% Milk	23 Beef & Chhese Soft Ta Garden Vegetables Romaine Salad Mexico City Rice Tortilla 1% Milk	24 Roast Chicken Thigh Cauliflower au gratin Sauted Greens Brown Rice Pilaf WW Roll/Butter 1% Milk
27 Meatball Stroganoff Mixed Vegetables Green Salad WWRoll/butter 1% milk	28 Green Bean Chicken Vegetabel Chow Mein Napa Cabbage Salad Brown Rice 1% Milk	29 Tamale Verde Chicke Bake Black Beans Romaine Salad w/ Graham Crackers 1% Milk	30 Navy Bean Soup Vegetable Pasta Salad Tossed Green Salad WW Roll w/ Butter 1% Milk	31 New England Clam Chowder w/ Crackers Sliced Beets Romaine Salad WW Bread/Butter 1% Milk SF Birthday Cake

Offered substitutions : Turkey Sandwich on WW Bread, or Peanut Butter and Jelly Sandwich on WW Bread, or 1 cup Lentil Soup