



Optometrists saw roughly 100 local patients at October 27th's free VSP Vision™ Eyes of Hope® eye care event at Community Bridges headquarters in Watsonville. PHOTO COURTESY OF THE PAJARONIAN

A Clear Vision for Our Community

We are thrilled to share a successful recap of our recent Free Eye Care Event, hosted by Community Bridges-Family Resource Collective and VSP Vision™ Eyes of Hope® on October 27th. It was a day of positive impact, where roughly 100 local residents came to our headquarters in downtown Watsonville for complimentary eye exams and received high-quality prescription glasses—all at no cost!

The clinic was one of three, with the other two happening in Salinas and Gilroy.

This event was designed to bridge a critical gap in our community's access to eye care, and it would not have been possible without the exceptional support and coordination from Assembly Speaker Robert Rivas and his office. Speaker Rivas' commitment to the well-being of our community and the greater Salinas Valley and Tri-County area has consistently driven forward opportunities that improve lives and ensure all residents have access to essential health services. We are deeply grateful for his ongoing partnership with Community Bridges in creating a healthier, more empowered future for our region.

Throughout the day, participants were greeted by skilled eye care professionals and received tailored prescription eyewear. Vision is more than just sight; it's a gateway to education, employment, and independence. We are honored to have been able to provide this invaluable service and empower community members to see their world clearly.

We extend our sincere thanks to VSP Vision™ for their generosity and commitment to removing barriers to eye care.

ARE YOU READY FOR A DISASTER?

PAJARO EMERGENCY PREPAREDNESS

COMMUNITY EMERGENCY PREPAREDNESS EVENT

LEARN FROM EMERGENCY RESPONSE EXPERTS HOW TO PREPARE YOURSELF AND YOUR COMMUNITY TO RESPOND TO EMERGENCIES AND DISASTERS.

FILL OUT A 20 MINUTE HOUSING + HABITAT SURVEY AND EARN \$20

SUNDAY • 12 - 3PM
NOVEMBER 10TH
PAJARO MIDDLE SCHOOL
250 SALINAS ROAD

RAFFLE PRIZES! FREE FOOD! CRAFTS & GAMES FOR KIDS!

ORGANIZATIONS ON SITE

SPONSORED BY

IN THE NEWS

Key headlines from Community Bridges' Family Resource Collective and challenges impacting local children, parents, and families.

- [Childhood poverty continues to plague the U.S., though simple solutions exist to address it](#)
- [The Solution to Child Poverty Is Simple: Give Mothers Cash](#)
- [How Community Bridges' Family Resource Collective is partnering to break the cycle of evictions](#)

Learn more about our Family Resource Collective Sites

- [La Manzana Community Resources](#)
- [Live Oak Community Resources](#)
- [Nueva Vista Community Resources](#)
- [Mountain Community Resources](#)

Join Us in Pajaro for Emergency Preparedness Day!

Are You Prepared for a Disaster?

Pajaro Community Emergency Preparedness Event

Sunday, November 10th | 12 - 3 PM

Location: Pajaro Middle School, 250 Salinas Road

Community Bridges-Family Resource Collective is proud to lead an upcoming Emergency Preparedness event in Pajaro, designed to equip residents with the knowledge and resources they need to face emergencies with confidence. As the lead organizer, our main goal is to provide essential services and resources to support those still recovering daily from the 2023 Pajaro floods and education to better prepare residents for future emergencies. We're committed to

building resilience within our community, and this event is a key part of that mission.

We're hosting this event in partnership with the Center for Critical Urban & Environmental Studies, UC Santa Cruz.

What to Expect:

- **Learn from Emergency Response Experts** on how to best prepare yourself and your family.
- **Complete a 20-Minute Housing + Habitat Survey** and earn \$20 for your time!
- **Raffle Prizes, Free Food, Crafts & Games for Kids.**

Our partner organizations will also be on-site to share resources and connect you with ongoing support, including Community Action Board of Santa Cruz County, Catholic Charities Diocese of Monterey, Monterey and Santa Cruz County Departments of Emergency Management, and more. In addition, the **Dignity Health Mobile Clinic** will be available for health consultations.

We hope to see you there as we continue to empower Pajaro residents and foster a stronger, more resilient community.

Triple P Parenting Classes - En Español!

We're excited to announce our upcoming Triple P parenting classes designed to support and empower you. Whether you're a parent of a toddler, young child, or teenager, we have something for everyone this month.

In this month's newsletter, we're highlighting our Spanish Teen Seminars for November!

This **FREE** seminar is presented by Lidia Montesino of Nueva Vista Community Resources. These seminars provide practical strategies to help parents support their teens in becoming responsible, competent, and connected individuals.

Upcoming Seminars:

Raising Responsible Teens

Wednesday, November 6 | 6 - 7:30 pm

Encourage independence and responsibility in your teen by involving them in family decisions, fostering respect, and promoting a healthy lifestyle.

[Register Here](#)

Raising Competent Teens

Wednesday, November 13 | 6 - 7:30 pm

Help your teen develop self-discipline, problem-solving skills, and supportive friendships.

[Register Here](#)



Getting Teens Connected

Wednesday, November 20 | 6 - 7:30 pm

Support your teen's social connections by building confidence, social skills, and a sense of commitment.

[Register Here](#)

Location: Live Oak Community Resources, 1740 17th Ave, Santa Cruz

Light snacks and free child care provided.

These seminars are free and open to all families with teens in Santa Cruz County. Attend one, two, or all three! For questions, contact Lidia Montesino at (831) 423-5747 or lidiyam@cbridges.org.

Follow us on social media to stay up to date on all our upcoming Triple P parenting classes.



Join Our Team as a Bilingual Master's Level Therapist!

Community Bridges-Family Resource Collective (FRC) is hiring a **Master's Level Therapist** to serve the critical mental health needs of residents across Santa Cruz County who otherwise wouldn't have access to this care. This role is central to our mission, offering compassionate counseling and support to families and individuals through our Family Resource Collective.

Position Highlights:

- Provide individual and family counseling, therapeutic groups, and support activities.
- Conduct case management and assessments, coordinating resources for families in need.
- Collaborate with FRC advocates, case managers, and community agencies.

Position Details:

- \$34.63 - \$38.08 hourly
- Bilingual English-Spanish required
- Position based in Live Oak-Mid Santa Cruz County

This is a unique opportunity to impact lives directly, ensuring that local families and individuals are supported in their journey to mental wellness.

For more information and to apply, please visit communitybridges.org/careers/.

**Help us build a thriving community through
compassionate mental health care!**

VIEW ALL POTENTIAL CAREERS



Show your support of Community Bridges and the Family Resource Collective by shopping at our TeePublic storefront! A portion of the proceeds of every sale go toward Community Bridges and the FRC!

BUY COMMUNITY
BRIDGES MERCH



Our FRC team partners closely with the community and the entire Community Bridges network to ensure our participants gain access to resources that provide stability and foster hope for the future.

COME JOIN OUR
DEDICATED TEAM



The FRC's work would not be possible without our dedicated volunteers. From helping with food distributions to conducting community outreach, our FRC centers have a plethora of volunteer opportunities.

HELP YOUR
COMMUNITY



Our Contact Information

{{Organization Name}}
{{Organization Address}}
{{Organization Phone}}
{{Organization Website}}

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