

Monday	Tuesday	Wednesday	Thursday	Friday	
<p>CLOSED / CERRADO</p> 	<p>2 10:00-Fancy a CUPPA? 11:00-Grupo de Hombres 11:00-Arts & Crafts 12:00- LUNCH 1:00-Reminiscing & Trivia @RR 1:00-BINGO 1:45-BINGO Boutique Shopping</p>	<p>3 10:00-KAW-fee Talk 11:00- Tai Chi with Iro 11:00-Arts & Crafts 12:00-LUNCH 1:00-Drumming to the Beat @RR 1:00-Newsletter Team 1:00--¡LOTERIA!</p>	<p>4  NFL KICKOFF  10:00-Bes-TEAS at Elderday 11:00-Prayer Circle with Elena 11:00-Arts & Crafts 12:00- LUNCH 1:00-Travel Talk -@RR 1:00-Punt Pass & Kick Games </p>	<p>5 10:00-Absolutamen-TE Delicioso 6 11:00- Tai Chi with Iro 11:00-Grupo de Mujeres 12:00-LUNCH 1:00-Trivia Video @RR 1:00-Viajando el Mundo  1:15-KARAOKE LOUNGE </p>	
<p>9 10:00-Snack & Chat 11:00- Tai Chi with Iro 11:00-Women's Group 12:00- LUNCH 1:00-Table Tennis @RR 1:00-Newsletter Team 1:00-BINGO 1:45-Bingo Boutique Shopping</p>	<p>10  Happy Grandparents Day 10 10:00-MUGS in the Morning 11:00-Celebrating Grandparents! 11:00-Arts & Crafts 12:00-LUNCH 1:00-Reminiscing & Trivia @RR 1:00-¡LOTERIA! 1:45-Prize Boutique Shopping</p>	<p>11  SANTA CRUZ COUNTY FAIR OPENS 10:00-Sereni-TEA Now! 11:00- Tai Chi with Iro 11:00-Men's Group w/Juan Carlos 1:00-Darts @RR 1:00-MIDWAY GAMES & PRIZES </p>	<p>12 10:00-Coffee Crew 11:00-Participant Council 11:00-Arts & Crafts 12:00- LUNCH 1:00-Bridgetown Music @RR 1:00-Travel Talk: Las Vegas 1:15-Relaxation Station</p>	<p>13 10:00-It's a BREW-tiful Day 11:00-Catholic Mass Misa Católica 11:00-Musical Memories with Will 12:00- LUNCH 1:00-Music Trivia Video @RR 1:00-WHEEL-of-FORTUNE  1:15-CLUB CUMBIA </p>	
<p>16  DIENTES Community Dental 16 10:00-TEA-rific Morning! 11:00-Tai Chi with Iro  11:00-Viewing Mexican Independence Day Parade 12:00- LUNCH 1:00-Beach ball Games @RR 1:00-BINGO 1:45-Prize Shopping</p>	<p>17 10:00-Fancy a CUPPA? 11:00-Men's Group w/Juan Carlos 11:00-Garden or Walking Groups 12:00- LUNCH 1:00-Reminiscing & Trivia @RR 1:00-WHEEL-of-FORTUNE 1:15-Corn Hole Challenge</p>	<p>18 10:00-KAW-fee Talk 11:00- Tai Chi with Iro 11:00-Grupo de Mujeres 1:00-Drumming to the Beat @RR 1:00-Newsletter Team 1:00- LIVE MUSIC with JOHNNY FABULOUS </p>	<p>19 10:00- Bes-TEAS at Elderday 11:00-Prayer Circle with Elena 11:00-"Groovin' to the 60's"- Bridgetown Music 1:00-Travel Talk @RR 1:00--¡LOTERIA! 1:45-Prize Boutique Shopping</p>	<p>20 10:00-Absolutamen-TE Delicioso 11:00-Arts & Crafts 11:00-Musical Memories with Will 12:00- LUNCH 1:00-Trivia Video @RR 1:00- JEOPARDY!  1:15-KARAOKE LOUNGE </p>	
<p>23 10:00-Snack & Chat 11:00- Tai Chi with Iro 11:00-Grupo de Hombres 12:00- LUNCH 1:00-Newsletter Team 1:00-BINGO / Table Tennis @RR 1:45-Bingo Boutique Shopping</p>	<p>24 10:00-MUGS in the Morning 11:00-Arts & Crafts 11:00-Relaxation Station 12:00- LUNCH 1:00-Reminiscing & Trivia @RR 1:00-TOTALLY TRIVIA TUESDAY 1:15-Pitch'n Catch</p>	<p>25 10:00-Sereni-TEA Now! 11:00- Tai Chi with Iro 11:00-Garden or Walking Groups 12:00- LUNCH 1:00-Beach Ball Games @RR 1:00--¡LOTERIA! 1:45-Prize Boutique Shopping</p>	<p>26  BOOGIE DOWN DISCO PARTY  10:00-Coffee Crew 11:00-Prayer Circle with Elena 11:00-Arts & Crafts 1:00-Bridgetown Music @RR 1:00- DISCO CONTEST PHOTOS, PRIZES & REFRESHMEN </p>	<p>27 10:00-It's a BREW-tiful Day 11:00-Women's Group 11:00-Garden or Walking Groups 12:00- LUNCH 1:00-Music Trivia @RR 1:00-Musical Memories with Will 1:15- Totalmente Trivia</p>	
<p>30 10:00-TEA-rific Morning! 11:00- Tai Chi with Iro 11:00-Garden / Walking Groups 12:00-LUNCH 1:00-Basketball @RR 1:00-BINGO  1:45-BIRTHDAY CELEBRATION </p>	<p> ELDERDAY, ADHC September 2024 501 Main St. Watsonville CA 95076 (831) 458-3481</p>			<p> ELDERDAY ADULT DAY HEALTH CARE COMMUNITY BRIDGES PUENTES DE LA COMUNIDAD </p>	

To Cancel Transportation to Elderday, Please Call **LIFTLINE** (831) 688-9663 As Soon As Possible

MENU



September 2024 | ELDERDAY MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Labor Day Holiday Site Closed	3 Spaghetti & Meatballs Broccoli Mixed Green Salad WW Roll/Butter 1% Milk	4 Turkey Burger Coleslaw Potato Wedges WW Bun 1 % Milk	5 Chicken Pozole Cauliflower w/ peppers Romaine Salad w/ Carrots Spanish Rice WW Roll/Butter 1% Milk	6 Fish Sticks w/ Lemon Sweet Potato Spinach Salad WW Roll/Butter Graham Crackers 1% Milk
9 Rigatoni Casserole Green Salad w/ Egg Three Bean Salad WW Roll/Butter 1 % Milk	10 Beef & Cheese Soft T Garden Vegetables Romaine Salad Mexico City Rice Tortilla 1% Milk	11 Chef Salad Lentil Soup Roamine Salad Mix WW Roll/ Butter Graham Crackers 1% Milk	12 Salmon Patty w/ Tzatzik Zucchini Green Salad w/ Feta Dill Noodles WW Roll/Butter 1% Milk	13 Green Bean Chicken Vegetable Chow Mein Napa Cabbage Salad Brown Rice 1% Milk
16 Chicken Tamales Refried Beans Mixed Green Salad Spanish Rice 1% Milk	17 Egg Salad Sandwich Garden Vegetable Soup Spinach Salad WW Bread 1% Milk	18 Beef & Lentil Stew Zucchini Green Salad WW Biscuit/Butter 1 % Milk	19 Macaroni & Cheese Three Bean Salad Romaine Salad w/ Graham Crackers 1% Milk	20 Turkey Divan Casserole Carrots Mixed Green Salad Brown Rice WW Roll/Butter 1% Milk
23 BBQ Pork Mashed Potatoes Tossed Salad WW Bread/Butter Graham Crackers 1% Milk	24 Chicken Enchiladas Cauliflower w/ peppers Fiesta Cabbage Salad Spanish Rice 1% Milk	25 Meatball Stroganoff Cali Mixed Vegetables Romaine Salad Egg Noodles WW Bread/Butter 1 % Milk	26 Navy Bean Soup Vegetable Pasta Salad Mixed Green Salad WW Roll/ Butter 1% Milk	27 Pizza Three Bean Salad Caser Salad 1% Milk Birthday Cake
30 Salisbury Steak Mashed Potatoes Green Salad w/ peppers WW Bread/Butter Graham Crackers 1 % Milk				