










Monday	Tuesday	Wednesday	Thursday	Friday
10:00-Cafecito y Platica 11:00- Tai Chi with Iro 11:00-Summer Craft 12:00-LUNCH 1:00-Reminiscing Trivia @RR 1:00- Elderday Newsletter Team 1:00- BINGO! 1:45-BINGO Boutique Shopping	10:00- It's a BREW -tiful Day! 11:00- TUESDAY TRIVIA Eng 11:00-Summer Craft 12:00-LUNCH 1:00-Music with Alexis @RR 1:00- ¡LOTERIA! 1:45-BINGO Boutique Shopping	10:00-Coffee BREW -ski Crew 11:00- Tai Chi with Iro 11:00-Summer Craft 12:00-LUNCH 1:00-DRUMMING @RR 1:00- Patriot Parade  Games, Prizes, Refreshments	CLOSED / CERRADO 	10:00-KAWfee Talk 11:00-Musical Memories with Will 11:00-BINGO Boutique Shopping 12:00-LUNCH 1:00-Travel Talk @RR 1:00-Wheel-of-Fortune 1:15- KARAOKE LOUNGE
10:00-Absolutamen- TÉ Delicioso! 11:00- Tai Chi with Iro 11:00-Arts & Crafts 12:00-LUNCH 1:00-Reminiscing Trivia @RR 1:00- BINGO! 1:45-BINGO Boutique Shopping	10:00-Fancy a CUPPA? 11:00-Garden/Walking Group 11:00-Arts & Crafts 12:00-LUNCH 1:00-Bowling @RR 1:00-Corn Hole Challenge 1:15- TOTALMENTE TRIVIA Esp	10:00- TEA -rific Day! 11:00- Tai Chi with Iro 11:00-Arts & Crafts 12:00-LUNCH 1:00-Table Tennis @RR 1:00- Elderday Newsletter Team 1:00- ¡LOTERIA! 1:45-BINGO Boutique Shopping	 DIENTES Community Dental 10:00-Coffee Clutch 11:00- Prayer Circle 12:00-LUNCH 1:00-HOOPS @RR 1:00- JEOPARDY! 1:15- KARAOKE LOUNGE	10:00-Sereni- TEA Now! 11:00-Musical Memories with Will 11:00-BINGO Boutique Shopping 12:00-LUNCH 1:00-Darts @RR 1:00- Video Trivia & Reminiscing 1:15- DISCOTHEQUE
10:00-Cafecito y Platica 11:00- Tai Chi with Iro 11:00-Arts & Crafts 12:00-LUNCH 1:00-Reminiscing Trivia @RR 1:00- Elderday Newsletter Team 1:00- BINGO! 1:45-BINGO Boutique Shopping	 10:00- It's a BREW -tiful Day! 11:00- LuaU Photo Booth 11:00-Arts & Crafts 12:00-LUNCH 1:00-Music with Alexis @RR 1:00- LUAU PARTY 	10:00-Coffee BREW -ski Crew 11:00- Tai Chi with Iro 11:00-Arts & Crafts 12:00-LUNCH 1:00-DRUMMING @RR 1:00- ¡LOTERIA! 1:45-BINGO Boutique Shopping	10:00-Snack & Chat 11:00-Arts & Crafts 11:00-Walking & Gardening Club 12:00-LUNCH 1:00-HOOPS @RR 1:00- Viajando el Mundo 1:15-Putting Green Practice	10:00-KAWfee Talk 11:00- Catholic Mass with Father Robert 12:00-LUNCH 1:00-Travel Talk @RR 1:00-Musical Memories with Will 1:15-Volleyball @Majel's Place
10:00-Absolutamen- TÉ Delicioso! 11:00- Tai Chi with Iro 11:00-Arts & Crafts 12:00-LUNCH 1:00-Reminiscing Trivia @RR 1:00- BINGO! 1:45-BINGO Boutique Shopping	10:00-Fancy a CUPPA? 11:00- TUESDAY TRIVIA Eng 11:00-Arts & Crafts 12:00-LUNCH 1:00-Bowling @RR 1:00- Recetas y Recuerdos 1:15-Badminton	10:00- TEA -rific Day! 11:00- Tai Chi with Iro 11:00-Arts & Crafts 12:00-LUNCH 1:00-Table Tennis @RR 1:00- Elderday Newsletter Team 1:00- ¡LOTERIA! 1:45-BINGO Boutique Shopping	10:00-Coffee Clutch 11:00- Prayer Circle 11:00-Walking & Gardening Club 12:00-LUNCH 1:00-HOOPS @RR 1:00- JEOPARDY! 1:15- DISCOTHEQUE	 ELDERDAY OLYMPICS 10:00-Sereni- TEA Now! 11:00- Selection of Countries 11:00- Olympic Torch Relay  12:00-LUNCH 1:00-Darts @RR 1:00- Olympic Games 
10:00-Cafecito y Platica 11:00- Tai Chi with Iro 11:00-Arts & Crafts 12:00-LUNCH 1:00-Reminiscing Trivia @RR 1:00- Elderday Newsletter Team 1:00- BINGO! 1:45-BINGO Boutique Shopping	10:00-It's a BREW -tiful Day! 11:00-Garden/Walking Group 11:00-Arts & Crafts 12:00-LUNCH 1:00-Music with Alexis @RR 1:00- TOTALMENTE TRIVIA/Bowling 1:45- BIRTHDAY CELEBRATION 	10:00-Coffee BREW -ski Crew 11:00- Tai Chi with Iro 11:00-Arts & Crafts 12:00-LUNCH 1:00-DRUMMING @RR 1:00- ¡LOTERIA! 1:45-BINGO Boutique Shopping	 <div style="text-align: right;">  <h1>July 2024</h1> </div>	

501 Main St. Watsonville, CA 95075 (831) 458-3481

To Cancel Transportation to Elderday, Please Call **LIFTLINE** (831) 688-9663 As Soon As Possible

Menu

FINAL

 JULY 2024 ELDERDAY MEALS					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
1 Spaghetti & Meatballs Broccoli Mixed Green Salad WW Noodles WW Roll/ Butter 1% Milk	2 Chicken Pozole Cauliflower w/ Peppers Romaine Salad w/ Carrot Spanish Rice WW Roll/Butter 1 % Milk	3 Beef Hot Dog Vegetarian Chilli beans Fresh Coleslaw WW Bun 1% Milk	4 4th of July Holiday Site Closed	5 Quiche Roast Potatoes Green Salad w/ Kidney Be WW Bread/ Butter 1% Milk	
8 Rigatoni Casserole Green Salad w/ Egg Herb Cauliflower Three Bean Salad WW Roll/ Butter 1% Milk	9 Beef Tostada Refried Beans Romaine Salad Spanish Rice 1% Milk	10 Chef Salad w/ Egg Turkey and Cheese Lentil Soup WW Roll/ Butter Graham Crackers 1% Milk	11 Salmon Patty w/ Tzatziki Sauce Zuchinni Green Salad w/ Feta Dill Noodles WW Roll/ Butter 1% Milk	12 Lemon chicken Carrots Napa Cabbage Salad Steamed Bok Choy Brown Rice Graham Crackers 1 %Milk	
15 Salisbury Steak w/ Gravy Mashed Potatoes Green Salad w/ Peppers WW Bread/ Butter Graham Crackers 1% Milk	16 Asian Chicken Salad Mixed Greens Cucumber Slices Sesame Noodle Salad WW Roll/Butter 1% Milk	17 Sprimp Enchilada Black Beans Cauliflower w/ peppers Spinach Salad Spanish Rice 1% Milk	18 Three Bean Minnestrone Tabouli Salad Tossed Green Salad Dill WW Garlic Bread 1% Milk	19 Turkey Burger Coleslaw Potato Wedges Graham Crackers WW Bun 1% Milk	
22 BBQ Pork Mashed Potatoes Green Salad w/ Peppers WW Bread/ Butter Graham Crackers 1 % Milk	23 Sopa de Albondigas Mixed Vegetables Green Salad WW Cornbread/ Butter 1% Milk	24 Macaroni and Cheese Three Bean Salad Romaine Salad WW Roll/ Butter 1% Milk	25 Fish Sticks Baked Potato w/ Sour Cre Spinach Salad WW Bread/ Butter Graham Crackers 1% Milk	26 BBQ Chicken Thigh Cauliflower au Gratin Sauteed Kale Greens Brown Rice Pilaf Graham Crackers 1 % Milk	
29 Chicken Parmesan Broccoli Green Salad Risotto WW Roll/ Butter 1 % Milk	30 Beef Picadillo Cauliflower Romaine Salad w/ Carrot Mexican Rice Corn Tortilla 1% Milk	31 Turkey Salad Cream of Broccoli Soup Carrot Raisin Salad WW Bread, 2 slices Mexian Rice 1 % Milk			