



A Night of Unity and Support at Mountain Community Resources

With hearts full of gratitude, we extend our deepest appreciation to all of you who joined our recent Open House event at Mountain Community Resources. Your presence illuminated the evening, infusing it with the warmth and solidarity that defines our beloved San Lorenzo Valley and Scotts Valley communities.

We are immensely grateful to our sponsors, Boulder Creek Pizza & Pub, Kissed by an Angel Wines, Big Basin Vineyards, Cooper-Garrod Vineyards, and Patagonia Santa Cruz Outlet, whose unwavering support helped make our event a success. Your generosity not only enriches our programs but also underscores your commitment to our community's well-being and our work.

For over four decades, Mountain Community Resources has been a source of hope and support for our valley, providing essential services to over 1,000 friends and neighbors in need each year with an increase of 20%. In times of crisis and uncertainty, your steadfast support serves as a lifeline, enabling us to continue our vital work and uplift those facing adversity.



Attendees learned about the breadth of services and resources provided on a daily basis at Mountain Community Resources.

The Open House was a testament to the power of unity and collaboration. Together, we engaged in meaningful discussions, forged new connections, and reaffirmed our collective dedication to serving the needs of our community. From informative program presentations to insightful conversations with elected officials and service partners, the evening was a celebration of our shared commitment to building a stronger, more resilient San Lorenzo Valley.

Your participation in the Open House not only strengthened our bond as a community but also reinforced our ability to support those in need. Your contributions will directly impact the sustainability of vital services, ranging from emergency food and clothing assistance to mental health counseling and parent education.



For those who were unable to attend, we invite you to join us in supporting our critical services by donating to MCR by [CLICKING HERE](#). Every contribution, no matter the size, plays a crucial role in helping us continue our mission of compassion and assistance are available to all.

As we look ahead to the future, we are filled with hope and optimism for the journey that lies ahead. Together, we will continue to uplift and support every member of our community, ensuring that San Lorenzo Valley remains a place where compassion and assistance thrive.

Once again, our heartfelt thanks to our attendees, sponsors, volunteers, and supporters for your unwavering dedication and generosity. Your kindness fuels our efforts and inspires us to reach even greater heights of service.

HELP STRENGTHEN THE VALLEYS



IN THE NEWS

Key headlines from Community Bridges' Family Resource Collective and challenges impacting local children, parents, and families.

- [Unmet Needs Program Taking Off In Pajaro](#)
- [Pajaro Unmet Needs Disaster Program sees over 600 household applications ahead of Saturday deadline](#)
- [How Community Bridges' Family Resource Collective is partnering to break the cycle of evictions](#)

Learn more about our Family Resource Collective Sites

- [La Manzanita Community Resources](#)
- [Live Oak Community Resources](#)
- [Nueva Vista Community Resources](#)
- [Mountain Community Resources](#)

Strengthening Families Together

We're excited to announce our upcoming series of virtual and in-person parenting seminars designed to empower families across Santa Cruz County. These seminars, presented by the Triple P (Positive Parenting Program), are made possible through the invaluable partnership between Triple P and Community Bridges.

Virtual Parenting Seminar Series

Teaching Teens to Manage Money and Work:

- Date: Thursday, May 2nd, 2024
- Time: 6:00 – 7:30 pm
- Info: Join us for this FREE virtual workshop where you'll gain insights into guiding teens aged 13-16 on money management and job-seeking skills. Presented by Mayra Martinez from Community Bridges - La Manzanita Community Resources. Register here: bit.ly/Money-Work-May2

The Power of Positive Parenting:

- Date: Saturday, May 4, 2024
- Time: 11:00 am - 12:30 pm
- Info: Dive into the fundamentals of positive parenting techniques for children from birth to 12 years old. Presented by Mayra Martinez from Community Bridges - La Manzanita Community Resources. Register here: bit.ly/Positive-Parent-May4

Raising Confident, Competent Children:

- Date: Saturday, May 11, 2024
- Time: 11:00 am - 12:30 pm

- Discover strategies to nurture confidence, communication skills, and healthy self-esteem in your children. Presented by Mayra Martinez from Community Bridges - La Manzana Community Resources. Register here: bit.ly/Confident-May11

Raising Resilient Children:

- Date: Saturday, May 18, 2024
- Time: 11:00 am - 12:30 pm
- Info: Equip your children with tools to express emotions, maintain a positive outlook, and manage stress effectively. Presented by Mayra Martinez from Community Bridges - La Manzana Community Resources. Register here: bit.ly/Resilient-May-18

In-Person Seminar (For families with children & teens attending schools in Pájaro Valley Unified School District)

Fostering Friendships & Healthy Peer Relationships:

- Date: Tuesday, May 28, 2024
- Time: 6:00 – 7:30 pm
- Location: PVUSD Wellness Center, 530 Palm Ave, Watsonville
- Info: Join us for this FREE parenting workshop focusing on building healthy peer relationships in children and teens. Presented in Spanish by Sandra Rodelo from Community Bridges - La Manzana Community Resources, with English interpretation available. Free childcare provided. Register here: bit.ly/TripleP-PVUSD-2023-24

These seminars aim to strengthen families by offering practical guidance and support. Whether you're navigating the challenges of teen hood or seeking to foster positive relationships in your child's life, there's something for every family. Attend one or all the seminars – the choice is yours!

For registration and further inquiries, reach out to Mayra Martinez at (831) 288-2856 or mayram@cbridges.org. If you're new to Zoom, visit Zoom's Help Center for assistance.

We extend our heartfelt gratitude to our partners, Community Bridges, for their unwavering support in making these seminars possible. Together, we're committed to promoting positive parenting and building stronger, healthier families across Santa Cruz County.



National Volunteer Month: Join Us in Making a Difference!

April is National Volunteer Month! Celebrate the spirit of giving back by becoming a volunteer with Community Bridges' Family Resource Collective? With a plethora of opportunities to make a real difference in the lives of your neighbors, now is the perfect time to join our community-driven initiatives.

Mentoring Youth for a Brighter Future

Every child deserves a chance to thrive, and you can be the guiding light that helps them reach their full potential at Nueva Vista Community Resources in Santa Cruz and Live Oak Community Resources in mid-County.

Whether it's assisting with homework, helping with recreational activities, or simply offering a listening ear, your support can make a world of difference to low-income youth in our Santa Cruz County community. Join our Summer Fun program or after-school initiatives and become a mentor that shapes the future of Santa Cruz and Live Oak.

Keeping Kids Fed and Nourished

Childhood hunger is a harsh reality for far too many families in our area. With the Summer Lunch program, operated by La Manzana Community Resources in Watsonville, we strive to ensure that no child goes hungry when school is out.

By volunteering to serve meals in South Santa Cruz County, you can play a crucial role in combating food insecurity and empowering our youngest residents for success.

Supporting Food Distributions for Those in Need

For many families, access to nutritious food is a daily struggle. Join us in partnership with Second Harvest Food Bank to provide free supplemental groceries and nutritional awareness to our community.

Whether you lend a hand at our recurring food distributions at Nueva Vista Community Resources in Santa Cruz or Mountain Community Resources in Felton, you'll be making a direct impact on the lives of those in need.

How to Sign-Up

This Volunteer Month, let's unite as a community and harness the power of giving back. Join us at Community Bridges and embark on a journey of meaningful impact. Together, we can build a brighter future for Santa Cruz County. Ready to make a difference? Apply today!

VOLUNTEER TODAY

Join the FRC Team!

Community Bridges envisions a thriving community where everyone can unleash their full potential.

Our Family Resource Collective team works collaboratively with community partners, residents, businesses, foundations, donors, supporters, volunteers, and the Community Bridges family of programs to provide our participants with access to resources that offer stability and hope for the future.



Current open positions:

Nueva Vista Community Resources – Santa Cruz

[Program Coordinator](#)

[Advocate](#)

Live Oak Community Resources – Live Oak and Mid-County

[Master's Level Therapist](#)

[Operations Manager](#)

[Program Coordinator](#)

[Advocate](#)

La Manzana Community Resources – Watsonville & North Monterey County

[Enhanced Care Management Program Supervisor](#)

[Master's Level Therapist](#)

[Summer Lunch Program Coordinator](#)

[Summer Lunch Meals Driver](#)

[Program Coordinator](#)

[Advocate](#)

These are full-time, 40-hour per week positions with competitive starting wages and a robust benefits package.

APPLY TODAY!



Explore options that can help you save money and energy!

Are you among the many Californians who are struggling financially, during these difficult times?

As your community advocate, Community Bridges' Family Resource Collective is proud to share resources that can help you save energy and money.

Pacific Gas and Electric Company (PG&E) offers several assistance programs can help you save energy and money. Learn more by visiting pge.com/billhelpadvocate.

Assistance and support options may include:

1. Energy discount programs that provide longer term assistance to reduce future energy bills.
2. One-time financial assistance with past due energy bills.
3. Additional programs to help you manage life's essentials like medical device support, phone and internet services and more!

SAVE MONEY & ENERGY



Show your support of Community Bridges and the Family Resource Collective by shopping at our TeePublic storefront! A portion of the proceeds of every sale go toward Community Bridges and the FRC!

BUY COMMUNITY
BRIDGES MERCH



Local advocacy makes a difference. The Family Resource Collective can not sustain its services without strong backing from local elected officials. Contact your representatives, ask questions, and advocate for our programs.

CONTACT YOUR
SUPERVISOR



The Family Resource Collective's work would not be possible without our dedicated volunteers. From helping with food distributions to conducting community outreach, our FRC centers have a plethora of volunteer opportunities.

HELP YOUR
COMMUNITY



Our Contact Information

- *{{Organization Name}}*
- *{{Organization Address}}*
- *{{Organization Phone}}*
- *{{Organization Website}}*

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