














Monday	Tuesday	Wednesday	Thursday	Friday
 <p>ELDERDAY ADULT DAY HEALTH CARE COMMUNITY BRIDGES PUENTES DE LA COMUNIDAD</p>	<p>MAY 2024 501 Main St. Watsonville, CA 95076 831-458-3481</p>		<p>KENTUCKY DERBY </p>	<p>Cinco de Mayo </p>
<p>10:00-Sereni-TEA in the Morning 6 11:00 Tai Chi with Iro 11:00-Arts & Crafts 12:00-LUNCH 1:00-Reminiscing @RR 1:00- BINGO! 1:45-Bingo Boutique Shopping</p>	<p>10:00-Good Morning BREW-tiful! 7 11:00-Garden & Walking Groups 11:00- !LOTERIA! 12:00-LUNCH 1:00-Drumming to the Beat @RR 1:00-Grupo de Biografía 1:15-Board Games or Twister Air</p>	<p>10:00-Mugs in the Morning 8 11:00-Tai Chi with Iro 11:00-Art, Craft, & Sewing Group 12:00-LUNCH 1:00-Travel Talk @RR 1:00- !LOTERIA! 1:45-Bingo Boutique Shopping</p>	<p>10:00-Bes-TEAS in the Morning 9 11:00-Arts & Crafts 11:00- TOTALLY TRIVIA / Book Club 12:00- LUNCH 1:00- Watsonville Police Dept. Safety Program  1:00-DARTS @RR 1:15- MOVIE MATINEE</p>	<p>10:00- Cafecito y Quesadillas 11:00-Walking Groups 11:00- Musical Memories with Will 12:00-LUNCH 1:00-Music with Alexis @RR 1:00-Grupo de Biografía  1:15- DANCE CLUB</p>
<p>10:00-Mugs & Mornings 13 11:00-Tai Chi with Iro 11:00-Arts & Crafts 12:00-LUNCH 1:00-Reminiscing @RR 1:00- BINGO! 1:45-Bingo Boutique Shopping</p>	<p>10:00-Morning Snack & Chat 14 11:00- Watsonville Fire Dept. Safety Program  12:00-LUNCH 1:00- Grupo de Biografía 1:00- Totally Trivia @RR 1:15-Corn Hole Challenge</p>	<p>10:00-Coffee Crew 15 11:00-Tai Chi with Iro 11:00-Art, Craft & Sewing 12:00-LUNCH 1:00-Musical Memories @RR 1:00- !LOTERIA! 1:45-Bingo Boutique Shopping</p>	<p>10:00-JAVA in the AM 16 11:00-PRAYER CIRCLE w/ Elena 11:00- TOTALLY TRIVIA / Book Club 12:00-LUNCH 1:00-BASKETBALL @RR 1:00- Wheel-of-Fortune  1:15- DANCE CLUB</p>	<p>10:00-Coffee Talk 17 11:00- Musical Memories with Will 11:00-Walking Groups 12:00-LUNCH 1:00-Music with Alexis @RR 1:00- Cocina Mundial 1:15- KARAOKE LOUNGE</p>
<p>DIENTES COMMUNITY DENTAL  20 10:00-Coffee Crew 11:00-Tai Chi with Iro 11:00-Arts & Crafts 12:00-LUNCH 1:00-Reminiscing @RR 1:00- BINGO! 1:00-Bingo Boutique Shopping</p>	<p>10:00-TEA-riffic Morning! 21 11:00-Garden & Walking Group 11:00- BINGO! 12:00-LUNCH 1:00-Drumming to the Beat @RR 1:00- Grupo de Biografía 1:15- Wheel-of-Fortune</p>	<p>10:00-Fancy a Cuppa? 22 11:00-Tai Chi with Iro 11:00-Art, Craft & Sewing Group 12:00-LUNCH 1:00-Travel Talk @RR 1:00- !LOTERIA! 1:45-Bingo Boutique Shopping</p>	<p>10:00-Bes-TEAS in the Morning 23 11:00-PRAYER CIRCLE with ELENA 11:00- TOTALLY TRIVIA 12:00-LUNCH 1:00-Balloon Badminton @RR 1:00- JEOPARDY! 1:15- KARAOKE LOUNGE</p>	<p>10:00-Cafecito y Platica 24 11:00- Musical Memories with Will 11:00-Walking Groups 12:00-LUNCH 1:00-Music with Alexis @RR 1:00- Recuerdos de México  1:15- DANCE CLUB</p>
<p>CLOSED / CERRADO 27  MEMORIAL DAY REMEMBER AND HONOR</p>	<p>10:00-Java Joe's 28 11:00-Garden & Walking Groups 11:00-Arts & Crafts 12:00-LUNCH 1:00- Totally Trivia @RR 1:00- BINGO! 1:15-Bingo Boutique Shopping</p>	<p> 29 10:00-Fancy a Cuppa? 10:00-Fancy a Cuppa? 11:00-Tai Chi with Iro 12:00-LUNCH 12:45- TALENT SHOW  1:00-Musical Memories @RR 1:15- MOVIE MATINEE</p>	<p>10:00-Coffee Talk 30 11:00-PRAYER CIRCLE with ELENA 11:00- TOTALLY TRIVIA 12:00-LUNCH 1:00-Corn Hole @RR 1:00- !LOTERIA! 1:45-Bingo Boutique Shopping</p>	<p>10:00-Cafecito y Platica 31 11:00- Tai Chi with Iro 11:00-Walking Groups 12:00-LUNCH 1:00-Music with Alexis @RR 1:00- Musical Memories with Will 1:45- Happy Birthday Celebration </p>

To Cancel Transportation to Elderday, Please Call **LIFTLINE** (831) 688-9663 As Soon As Possible

Menu

MAY 2024 | ELDERDAY MEALS



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Salmon Patty w/ Tzaike Sauce Cauliflower Green Salad w/ Feta & Pe WW Dill Noodles WW Roll/ Butter 1% Milk	2 Quiche Roast Potatoes Green Salad w/ Kidney Be Romaine Salad WW Bread/ Butter 1% Milk	3 Chicken Enchiladas Refired Beans Mexican Coleslaw Spanish Rice 1% Milk
6 Spaghetti & Meatballs Broccoli Mixed Green Salad WW Roll/ Butter Milk	7 Chicken Pozole Cauliflower w/ Peppers Romaine Salad w/ Carrot WW Roll/ Butter 1% Milk	8 Turkey Salad Cream of Broccoli Soup Carrot Raisin Salad WW Bread 2 Slices 1% Milk	9 Split Pea Soup Mushroom Vegetable Sala Mixed Green Salad WW Bread/ Butter Graham Crackers 1% Milk	10 Fish Sticks Cali Blend Vegetables Spinach Salad WW Dill Noodles WW Bread/ Butter 1% Milk
13 Salisbury Steak Mashed Potatoes Green Salad WW Bread/ Butter Graham Crackers 1% Milk	14 Aisian Chciken Salad w/ Sesame Dressing Carrot & Cucumber Slices Cold Sesame Noodles WW Roll/ Butter 1% Milk	15 Navy Bean Soup Vegetable Pasta Salad Green Salad WW Roll/ Butter 1% Milk	16 Beef Mexican Mince Cauliflower Romaine Salad Spanish Rice Corn Tortilla 1% Milk	17 Turkey Burger w/ Lettuce/ Tomato Coleslaw Potato Wedges WW Bun 1% Milk
20 BBQ Pork Mashed Potatoes Green Salad w/ Red Pep WW Bread/ Butter Graham Crackers 1% Milk	21 Mexian Chicken Nood Soup Pinto Beans Mixed Green Salad Corn Tortilla 1% Milk	22 Turkey Divan Cassero Zucchini Romaine Salad Brown Rice WW Roll/ Butter 1 % Milk	23 Pizza w/ Red Peppers Three Bean Salad Caesar Salad 1% Milk	24 Beef Hot Dog Chilli beans Coleslaw WW Bun 1 % Milk Happy Memorial Day
27 Memorial Day Holiday	28 Chicken Parmesan Broccoli Green Salad Brown Rice Risotto WW Roll/ Butter 1 % Milk	29 Chef Salad w/ Turkey Egg and Cheddar Lentil Soup WW Roll/Butter Graham Crackers 1% Milk	30 Picadillo Califlower Romaine Salad w/ Carrots Mexican Rice Corn Tortilla 1 % Milk	31 Macaroni & Cheese Three Bean Salad Mixed Green Salad w/ Pe WW Roll/ Butter 1 % Milk

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