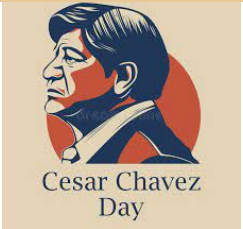




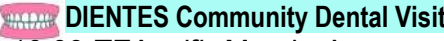





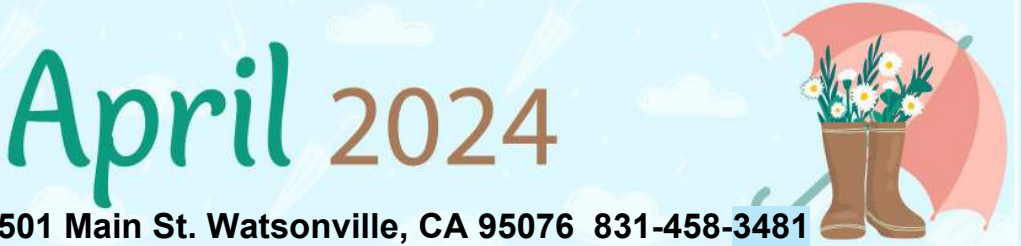


Monday	Tuesday	Wednesday	Thursday	Friday	
CLOSED / CERRADO 1  Cesar Chavez Day	2 10:00-Snack & Chat 11:00-Painting & Art Expression 11:00-BOOK CLUB 12:00-LUNCH 1:00-Table Tennis @RR 1:00- BINGO 1:45-Bingo Boutique Shopping	3 10:00-Coffee Club 11:00- Tai Chi with Iro 11:00-Arts & Crafts 12:00-LUNCH 1:00-Music with Alexis @RR 1:00- LOTERIA 1:45-Bingo Boutique Shopping	4 10:00-TEA-rific Morning! 11:00-ARTS & CRAFTS 11:00- <i>Prayer Circle with Elena</i> 12:00-LUNCH 1:00-Gardening Group 1:00-TOTALLY TRIVIA 1:15- Dance Club	5 10:00-BREW-tiful Day! 11:00- Tai Chi with Iro 12:00-LUNCH 1:00- <i>Musical Memories Group</i> 1:00-Movement & Motion: Yoga 1:00-FILM FRIDAY  1:15-Grupo de Lectura: Biografia	
 SOLAR ECLIPSE 8 10:00-Java Jam in the AM 10:30- Eclipse Viewing 11:00- Tai Chi with Iro 12:00-LUNCH 1:00-Reminiscing in the Rose Room 1:00- BINGO 1:45-Bingo Boutique Shopping	9 10:00-Morning Cup & Chat 11:00-Painting & Art Expression 11:00-BOOK CLUB 12:00-LUNCH 1:00-Drumming to Beat! @RR 1:00-Viajando el Mundo 1:15- JEOPARDY!	 CRAZY HAIR DAY 10 10:00-Coffee Crew 11:00- Tai Chi with Iro 11:45- CRAZY HAIR PARADE & PRIZES 12:00-LUNCH 1:00-Music with Alexis @RR 1:00- LOTERIA	11 10:00-TEA-rific Morning! 11:00-ARTS & CRAFTS 11:00- <i>Prayer Circle with Elena</i> 12:00-LUNCH 1:00- Gardening Group 1:00-WHEEL-of-FORTUNE 1:15- Karaoke Lounge	12 10:00-TEA & Talk 11:00- <i>Musical Memories Group</i> 11:00-Gardening Group 12:00-LUNCH 1:00-Movement & Motion: Salsa 1:00-FILM FRIDAY  1:15-Grupo de Lectura: Biografia	
 DIENTES Community Dental Visit 15 10:00-TEA-rific Morning! 11:00- Tai Chi with Iro 11:00-Arts & Crafts 12:00-LUNCH 1:00-Trivia in the Rose Room 1:00- BINGO 1:45-Bingo Boutique Shopping	16 10:00-TEA & Talk 11:00- LOTERIA 11:00-BOOK CLUB 12:00-LUNCH 1:00-Table Bowling @RR 1:00-Grupo de Lectura: Biografia 1:15-BOWLING	17 10:00-Coffee Club 11:00- Tai Chi with Iro 11:00-Arts & Crafts 12:00-LUNCH 1:00-Music with Alexis @RR 1:00- LOTERIA 1:45-Bingo Boutique Shopping	18 10:00-BREW-tiful Day! 11:00-ARTS & CRAFTS 11:00- <i>Prayer Circle with Elena</i> 12:00-LUNCH 1:00-Gardening Group 1:00-TOTALLY TRIVIA 1:15- Dance Club	 PAJAMA PARTY 19 Pajama Party 10:00-Java Jam in the AM 11:00- <i>Musical Memories Group</i> 11:00-Gardening Group 12:00-LUNCH 1:00- Movement & Motion: Disco 1:00-	
22 10:00-Java Jam in the AM 11:00- Tai Chi with Iro 11:00-Arts & Crafts 12:00-LUNCH 1:00-Reminiscing @Rose Room 1:00- BINGO 1:45-Bingo Boutique Shopping	23 10:00-Morning Cup & Chat 11:00-Painting & Art Expression 11:00-BOOK CLUB 12:00-LUNCH 1:00-Drumming to the Beat! @RR 1:00-Trivia en Español 1:15- JEOPARDY!	24 10:00-Coffee Club 11:00- Tai Chi with Iro 11:00-Arts & Crafts 12:00-LUNCH 1:00-Music with Alexis @RR 1:00- LOTERIA 1:45-Bingo Boutique Shopping	25 10:00-BREW-tiful Morning! 11:00-ARTS & CRAFTS 11:00- <i>Prayer Circle with Elena</i> 12:00-LUNCH 1:00-Gardening Group 1:00-WHEEL-of-FORTUNE 1:15- Karaoke Lounge	26 10:00-BREW-tiful Day! 11:00- <i>Musical Memories Group</i> 11:00-Gardening Group 12:00-LUNCH 1:00-Movement & Motion: Country 1:00-FILM FRIDAY  1:15-Grupo de Lectura: Biografia	
International Dance Day  29 10:00-TEA-rific Morning! 11:00- Tai Chi with Iro 11:45- DANCE Exercises 12:00-LUNCH 1:00-Trivia in the Rose Room 1:00- BINGO 1:45-Boutique Shopping	30 10:00-TEA & Talk 11:00- BINGO 11:00-Painting & Art Expression 12:00-LUNCH 1:00-Darts @RR 1:00-Recuerdos de México 1:15- CORN HOLE 1:45- CELEBRATING 				

To Cancel Transportation to Elderday, Please Call *LIFTLINE* (831) 688-9663 As Soon As Possible

MENU



April 2024 | ELDERDAY MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Cesar Chavez Day Site Closed	2 Fish Sticks Mixed Vegetables Spinach Salad Dill Noodles WW Roll/ Butter 1% Milk	3 Chicken Enchiladas Cauliflower w/ Peppers Fiesta Cabbage Salad Spanish Rice 1% Milk	4 Sliced Turkey with Mushroom Gravy Garden Vegetables Romaine Salad Barley Pilaf WW Roll/Butter 1% Milk	5 Vegetarian Lasagne Broccoli Cesar Salad WW Roll/ Butter 1% Milk
8 Crab Cakes Herb Cauliflower Romaine Salad Pesto Noodles WW Roll/ Butter 1% Milk	9 Sloppy Joes Succotash Romaine Salad w/ Carrots WW Bun 1% Milk	10 Chicken Tortilla Soup Corn w/ Peppers Baked Potato Green Salad Spanish Rice Tortilla Strips 1% Milk	11 Sweet and Sour Chicken Wonton Soup Mixed Green Salad Napa Cabbage Soup Brown Rice 1% Milk	12 Lima Bean Chowder Couscous Salad w/ Spinach Salad WW Roll/ Butter 1% Milk
15 Rigatoni Casserole Broccoli Green Salad w/ Egg WW Roll/Butter 1% Milk	16 SouthWest Shrimp Pasta Salad Mexican Vegetable Soup Fiesta Cabbage Salad WW Roll/ Butter 1% Milk	17 Shephard's Pie Green Salad WW Roll/ Butter Graham Crackers 1% Milk	18 Vegetarian Chili Broccoli Romaine Salad Cornbread 1% Milk	19 Green Bean Chicken Vegetable Chow Mein Napa Cabbage Salad Brown Rice 1% Milk
22 Hamburger w/ Tomato & Lettuce Baked Beans Potato Salad WW Bun 1% Milk	23 Egg Salad Roasted Tomato Soup Mixed Green Salad WW Bread 2 slices 1% Milk	24 Beef & Cheese Soft T Garden Vegetables Romaine Salad Mexican Rice 1 % Milk	25 Chicken Alfredo Casse Italian Green Beans Spinach Salad WW Bread/ Butter 1 % Milk	26 BBQ Chicken Thigh Cauliflower au Gratin Sauteed Kale & Greens Brown Rice Pilaf WW Roll/ Butter 1% Milk
29 BBQ Pork Mashed Potatoes Coleslaw WW Bread/ Butter Graham Crackers 1% Milk	30 Lentil Soup Vegetable Pasta Salad Tomato Cucumber Salad WW Roll/ Butter 1 % Milk			