**Seeking Physical Therapist for Community Bridges**  
**Elderday Adult Day Health Care**

**Pay:** $55/hour  
**Hours:** Approximately 40 hours/month  
**Schedule:** Flexible hours between 9am-3pm, Monday-Friday  
**Location:** Elderday is currently located at 100 Pioneer Street in Santa Cruz, however, the program will be moving to 501 Main Street in Watsonville at the end of 2023.  
**Employment Type:** Independent Contractor

**Duties:**
- Evaluate functional status and condition for each participant, re-evaluate every six months, or as needed with changing conditions, and document in the health record.
- As part of Elderday’s interdisciplinary team (IDT), develop comprehensive, person-centered care plans for Elderday participants. Participate in IDT meetings.
- Record quarterly progress notes in the health record.
- Create individual maintenance exercise programs with each new participant. Modify exercise programs as conditions change. Assess potential need for rehabilitative therapy for new and returning participants, and order as needed.
- Create and manage gym flow sheets for therapy aides to document daily maintenance activities.
- Supervise, train and oversee functions of therapy aides.
- Develop exercise therapy groups and train therapy aides to run groups.
- In consultation, as needed with occupational therapist, evaluate adaptive equipment; make recommendations, order equipment and provide training and adjustments.
- Provide instruction/training to staff members, as needed, such as transfer training, exercise techniques, and fall recovery.

For more information, please contact Lois Sones, LCSW, Program Director, Community Bridges Elderday.  
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