PRESS RELEASE

March 13, 2020 Contact: Amy Hanley (831) 688-8840 ext 285 amyh@cbridges.org



Elderday Adult Day Health Care protects the health of its seniors with partial shutdown

WATSONVILLE, CA – Elderday Adult Day Health Care, a program of Community Bridges, serves seniors with medically complex conditions, who are at high-risk for contracting viruses. Elderday is taking aggressive measures to prevent clients from exposure to COVID-19 (coronavirus).

Guidance from state and local public health departments indicate that high risk populations avoid gatherings of over 10 people. To protect the well-being of all Elderday participants, there will be a partial temporary attendance reduction from March 16, 2020 to March 27, 2020. During that time Elderday will remain open to only its most medically vulnerable participants, while the remaining participants will be requested to stay at home to protect their health. Due to the quickly-evolving public health situation, this plan will be continuously reassessed to ensure the well-being of our participants. Note that no Elderday participants have teste positive for COVID-19.

"Our priority is ensuring that our senior participants are protected," emphasizes Lois Sones, Elderday Program Director. "In the current public health crisis, the best protection is separation between individuals. We will implement social distancing among the participants that will continue to attend Elderday and have developed a mobile nursing team that will make home visits to those staying home from the program to ensure their health and safety."

Sones also notes that participants temperatures are taken prior to entering the building, rigorous cleaning and sanitation of the facility is happening on a nightly basis and staff have been instructed to stay home if they are sick. Additionally Elderday staff have been thoroughly informed of, and practice, CA Department of Public Health prevention guidelines.

"Services provided by Elderday are critical in allowing seniors to stay in their own homes and receive needed care outside of an institutional setting," says Sones. "As soon as we can be assured that the benefit of providing services outweighs the risk to our clients, we will welcome back all participants with open arms."

Transportation to Elderday is provided by Lift Line, a Community Bridges program. Lift Line has the highest standards for hygiene in its fleet of vehicles and has increased the stringency of these standards to avoid spread of the virus. Lift Line will utilizes alcohol-based sanitation measures to clean all surfaces within the buses and vans nightly. All vans are equipped with sanitizing wipes, gloves and masks for clients. They are also implementing social distancing of the riders when feasible. If a client appears sick, Lift Line will not transport the person, but find alternate method of transportation to medical care with less risk to others.

About Elderday

Elderday is an adult day health center that empower elders to live with greater independence and dignity. At Elderday participants benefit from physical and occupational therapies; referral to resources, therapeutic activities, and onsite access to services such as mental health, nursing, and nutrition. Week-day hours make it

possible for participants to stay independent and in their own homes for as long as possible, while offering family remembers and caregivers well-deserved respite. Elderday is free for those eligible for Medi-Cal. Costs can also be covered by the Veteran's Administration, long-term care insurance, or private pay on a sliding scale. Transportation to the center is also provided.

ABOUT LIFT LINE

Lift Line, a program of Community Bridges, provides over 60,000 door-to-door rides a year to seniors and people with disabilities, allowing these Santa Cruz County residents to maintain their independence. Lift Line services include medical transportation and rides to Meals on Wheels dining sites and Elderday. Lift Line services are also available for private events.

ABOUT COMMUNITY BRIDGES

Community Bridges envisions a thriving community where every person has the opportunity to unleash their full potential. Together, our family of programs delivers essential services, provides equitable access to resources, and advocates for health and dignity across every stage of life. To learn more, please visit <u>www.communitybridges.org</u>.

The Community Bridges family of programs includes the Child & Adult Care Food Program, Child Development Division, Women, Infants and Children (WIC), La Manzana Community Resources, Live Oak Community Resources, Mountain Community Resources, Nueva Vista Community Resources, Elderday Adult Day Health Care, Lift Line and Meals on Wheels for Santa Cruz County.