



COMMUNITY BRIDGES
PUENTES DE LA COMUNIDAD

MAKING A DIFFERENCE TOGETHER

January 11, 2020

UPCOMING EVENTS

January 22, 2020

2:30pm - 4:30pm

Triple P—Positive Parenting
Program

South County Open House

La Manzana Community

Resources Courtyard

521 Main St., Watsonville

Learn about the Triple P
Parenting Program, meet
parent educators, learn
about community resources,
and sign up for free classes
and workshops.

SAVE THE DATE!

April 3, 2020

11:30am-1:30pm

Food from the Heart

Chaminade Resort & Spa

The seventh annual Food
from the Heart luncheon,
benefits Meals on Wheels for
Santa Cruz County. Tickets
on sale soon!



WE HAVE ROOM FOR YOU OR YOUR LOVED ONE AT ELDERDAY

Elderday is a fun, active and supportive community that allows seniors and disabled adults to maintain their health and quality of life, while continuing to live in their homes. Elderday promotes well-being and independence and is free for those with Medi-Cal. Costs can also be covered by the Veteran's Administration, long-term care insurance, or private pay on a sliding scale. We even provide door-to-door transportation services.

Stop by for a tour! Give us a call at (831) 458-3481 or drop by Monday-Friday from 10am-2pm at 100 Pioneer Street Suite C, Santa Cruz.

MENTORS MAKE A DIFFERENCE!

January is National Mentoring Month and we have seen first-hand how mentors are helping the next generation of Santa Cruz residents thrive. If you want to be a part of empowering the youth in our community, we can provide you with the opportunity! We have several after school tutoring programs that are changing the lives of low-income and at-risk youth. You don't need to be a scholar - you just need to care. Contact us at info@cbridges.org for more information.

LACK OF ACCESS TO EARLY CHILDHOOD EDUCATION IMPACTS ALL OF US!

According to the recently released Santa Cruz County Assessment Project, there is a 30% shortfall in childcare capacity in our county. This means that almost 3,000 children under age six are not able to

find an affordable pre-school and this has long-term consequences to our community. Children that attend pre-school need less remedial and special education, have reduced incarceration rates, as well as lower rates of teen pregnancy. Access to early childhood education increases worker productivity and improves businesses' profitability. Our Child Development Division has openings at many of its six sites across the county and fees are based on a sliding scale. Contact info@cbridges.org to find out your eligibility and get more information.

Client Spotlight

"I know I just can't find the same quality anywhere else. Even at a at-home daycare, they're not learning. This is a school setting, it's going to prepare them for kindergarten. My sister is a daycare provider and I choose this center over her at-home program, over taking them to my mom's house... they need to be in pre-school. I want them to be with other kids their age so that they can learn and grow"

Parent at Fairgrounds Child Development Center



Ray's Corner



WHAT ARE YOUR RESOLUTIONS?

This time of year brings a sense of promise, hope and opportunity that we want to feel throughout the year through the ups and downs that we all experience. I remain energized for the future of Community Bridges in 2020 and look forward to continuing to take big steps forward as an agency. One of these steps is the opening of our doors to better serve the unhoused population in the San Lorenzo Valley. We are renovating and retrofitting Mountain Community Resources to provide showers, laundry and storage, along with case management and counseling services. Another step we are taking as an agency is expanding counseling services at all of our Family Resource Centers to help us continue to meet the needs of our community this coming year.

We hope one of your resolutions is to partner with us to make this community continue to work for everyone. We welcome you to join us in tackling senior isolation so people continue to feel connected to their community as they age. Deliver a meal to a senior at home or lead an activity at Elderday our Community Based Aging Services program. Support children and families through one of our Family Resource or Child Development Centers.

The true magic of Community Bridges is that with one donation of your time or resources, you serve community members across the life span. Your support and involvement in our programs allows us to free up resources and broadens our ability help others. Please join us in strengthening our work in 2020.

From all of us at Community Bridges we hope that this year brings you into one of our programs to help us serve and strengthen our our community. May you have a wonderful 2020.

[CONTACT US](#)

[DONATE](#)



Community Bridges Family of Programs

Child & Adult Care Food Program | Child Development Division | WIC | La Manzana Community Resources | Live Oak Community Resources | Mountain Community Resources | Nueva Vista Community Resources | Elderday | Lift Line | Meals on Wheels

Community Bridges is an exempt organization as described in section 501(c)(3) of the Internal Revenue Code; EIN #94-2460211. Donations are tax deductible in excess of the value of any goods or services provided in exchange for your contribution.