IN-HOME PARENT SUPPORT
- Adolescent Family Life Program (HSA) .......................... 454-4339
- Davenport Resource Service Center ............................... 425-8115
- Live Oak Family Resource Center ................................. 476-7284 ext.102
- Mountain Community Resources ................................. 333-6600

LEGAL/PARALEGAL
- California Rural Legal Assistance .................................. 458-1089... 688-6535...724-2253
- Family Law Facilitator (Court Forms for Family Law) ........ 454-2422
- Lawyer Referral Service ........................................... 425-4755
- Watsonville Law Center ............................................. 722-2845

MEDIATION/CONFLICT RESOLUTION
- Conflict Resolution Center (family, neighbor mediation) ....... 475-6117

POSTPARTUM &/or PEDIATRIC HOME HEALTH
- Dominican Home Health (no pediatrics) ......................... 465-7988
- High Risk Infant Program ........................................... 454-4339
- Pediatric Services of America ..................................... 1-800-819-9905
- Visiting Nurses Association ......................................... 479-6620

PREGNATAL CLASSES (Childbirth, Breastfeeding, Infant Care, Yoga, etc.)
- Dominican Hospital PEP Program .................................. 462-7709
- Live Oak Family Resource Center ................................. 476-7284
- Watsonville Hospital Perinatal Outpatient Services ............. 763-6015

PREGNATAL CLINICS
- Dominican Prenatal Clinic .......................................... 457-7103
- Planned Parenthood Watsonville, La Mariposa .................. 724-7525
- Planned Parenthood Westside Health Center ..................... 426-5550
- Salud Para La Gente .................................................... 763-3408
- Santa Cruz Women’s Health Center ............................... 427-3500

SERVICES FOR FAMILIES & CHILDREN WITH SPECIAL NEEDS
- Central Coast Center for Independent Living (CCCL), ........ 462-8720
- Family Partnership Program ........................................ 454-4961...... 768-8132
- San Andreas Regional Center ....................................... 728-1781
- Special Parents Information Network (SPIN) ..................... 423-7713........... 722-2800

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Resources for Santa Cruz County
Parents of Young Children 2011

GENERAL INFORMATION – REFERRALS TO RESOURCES
- Beach Flats Community Center ...................................... 420-6125
- Child Development Resource Center .............................. 466-5820...... 724-2997 x210
- Davenport Resource Service Center .............................. 425-8115
- Early Childhood Education Department ( Cabrillo College) .... 479-6354
- Familia Center .......................................................... 423-5747
- La Manzanita Community Resources ............................. 724-2997
- Live Oak Family Resource Center (LOFRC) ..................... 476-7284 x104
- Maternal & Child Health Information Line (HSA) ............. 454-4339 x0
- Mountain Community Resources .................................. 333-6600
- Parent Information & Referral Center, Lucille Packard Children’s Hospital (Stanford University) ............... 1-800-690-2282
- Santa Cruz Public Library Information ................................ 420-5730
- Santa Cruz Public Library Community Information Database:www.santacruzpl.org/cid/public/
- SPIN (resources for special needs children) ...................... 423-7713........... 722-2800
- Walnut Ave Women’s Center ........................................ 426-3062

CRISIS SERVICES
- Alcoholics Anonymous Hotline & (referrals to 12-Step programs) 475-5782........... 768-9597
- California Poison Control System ...................................... 1-800-222-1222
- Community Food Hotline (Second Harvest Food Bank) ....... 662-0991
- Domestic Violence Help & Hotline (WAWC) ..................... 1-866-2MY ALLY
- Family & Children’s Services (child abuse reporting line) .... 454-2273
- Inpatient Psychiatric Crisis Services (Dominican Hospital) .... 462-7719
- Parental Stress Hotline .................................................... 426-7322...... 724-2879
- Shelter Hotline (Community Action Board) ....................... 457-0511........... 728-4634
- Suicide Prevention Service ........................................... 458-5300 toll-free 1-877-663-5433
- Women's Crisis Support–Defensa de Mujeres (domestic violence) 685-3737...... 1-888-900-4232

Advocacy & Planning Groups for Families & Children
- Children’s Network .................................................... 465-2210
- Child Care Planning Council ........................................ 466-5822
- First 5 Santa Cruz....................................................... 465-2217
- La Leche League ......................................................... 425-3088
- Santa Cruz County Breastfeeding Coalition .................... 454-4331

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