ALCOHOL & DRUG SERVICES
Alcohol & Drug Program (SC County), information, referral & prevention. 454-4357
Fenix Services, treatment 722-5914
Janus, treatment 462-1060
Perinatal Warmline (information, support & referral) 454-4808
Mondanaro-Baskin Center (Perinatal), treatment 423-9015
New Life Community Services, treatment 458-1668
Primeros Pasos Program (primarily serving South County residents) 763-4700
Soberity Works 476-1747

ASSISTANCE WITH FAMILY CHALLENGES
CallWORKS (formerly TANF or AFDC) 454-4010, 763-8500
CAB: Shelter Project (rent assistance to prevent eviction) 457-1741 x152
Message Center (voice mail service for homeless) 457-0511, 728-4634
Gemma (for women after incarceration) 457-4560
Women & Children's Ventures Project (non-traditional jobs for women) 724-0220
Families in Transition 458-7124, 728-9791
HEAP (Home Energy Assistance Program) 1-888-728-3637
Rowland & Pat Rebele Family Shelter 458-6020

BRASTFEEDING
Nursing Mothers Counsel 621-8412
Hospital Breastfeeding Services; Dominican: 462-7862, Sutter: 477-2229, Watsonville: 763-6015
La Leche League 425-3088
Regalo de Amor (WIC) 426-3911, 722-7121x116

CHILD PASSENGER SAFETY INFORMATION (car seat safety info & resources)
Child Passenger Safety Program, SC County HSA 454-5477

CHILD CARE PAYMENT ASSISTANCE
CareerWorks-Workforce Santa Cruz (CallWORKS clients) 454-4080, 763-8700
SC County Parents Association Voucher Project & Centralized Eligibility List info 888-2152
Centralized Eligibility List website www.santacruzcountycal.org

COUNSELING
Parent Center 426-7322, 724-2879
Family Service Agency of the Central Coast (FSA) 423-9444, 728-9970
First Step (FSA) - families whose children have Medi-Cal 423-9504, 929-9979
PEAKS/Preνo-educational assessment for Kids & Studieshοrs (FSA) 423-9450 x 201
Family Therapist Referral Line (CAMFT) 429-7786
Hospice Caring Project Grief Support Program 430-3000
Pájaro Valley Prevention and Student Assistance (PVPSA) 728-6445
Children's Mental Health 454-4900 or 800-952-2335, 763-9990
Youth Services (serving teens & their families) 429-8350, 688-8856

HEALTH CARE/IMMUNIZATIONS (programs in bold offer immunizations)
Beach Flats Health Center 423-0222
Clinica del Valle 761-1588
Planned Parenthood 429-5550, 724-7525
Santa Cruz County Health Center (SC County HSA) 454-4100, 763-8400
Salud para la Gente 728-0222
Visiting Nurses Association (Immunizations only) 479-6620
Women's Health Center 427-3500
Dominion Hospital Pediatric Clinic 457-7038
Rota-care 457-7166

CHILD DEVELOPMENT PROGRAMS
Beach Flats Family School 420-6125
Campus Kids Connection 462-9822
Child Development Resource Center (information) 466-5820
Community Bridges, Child Development Division 454-9200
Go Kids 408-843-9000
Head Start & Early Head Start 688-3802, 724-3885
Live Oak School District Child Development Program 462-1116
Migrant Head Start PVUSD 728-6955
Migrant Head Start Santa Cruz Direct Op 466-5830
Pacific Preschool 425-7002
Watsonville Children's Center (PVUSD Child Development Programs) 728-6280
Redwood Mountain State Preschool 335-3222
Walmart Avenue Women's Center Early Childhood Education 426-3062
YWCA Early Childhood Education 724-6078 x102

CHILDCARE ACCESS
Child Care Switchboard 466-5820, 724-2997 x210

CPR AND INFANT SAFETY
PEP Program, Dominican Hospital 462-7709
Red Cross 462-2881

DENTAL CARE
Beach Flats Health Center 423-0222
Dientes 464-5409
Salud para la Gente 763-3413

DOMESTIC VIOLENCE (for crisis support see HOTLINES)
Walnut Avenue Women's Center 426-3062
Women's Crisis Support-Defensa de Mujeres 1-888-900-4232

FAMILY PLANNING
Beach Flats Health Center 423-0222
Family Planning (SC County Health Center) 454-4100, 763-8400
Planned Parenthood 724-7525
Salud para la Gente 728-0222
Santa Cruz Women's Health Center 427-3500

FOOD/CLOTHING DISTRIBUTION (programs in bold offer food and clothing)
Davenport Resource Service Center 425-8113
Salvation Army 426-8365, 724-3922
St. Vincent DePaul Society 722-3250
Valley Churches United (San Lorenzo and Scotts Valley residents) 336-5651
CSC of the Seventh-Day Adventist Church (no clothing) 429-1483
Community Food Hotline (no clothing) 420-0991
Food Stamp Program (Santa Cruz County) (no clothing) 1-888-421-8080
Women, Infants, Children (WIC) Nutrition Program (no clothing) 426-3911

HEALTH CARE
Santa Cruz County Health Care Outreach — for information about Healthy Kids Health Plan & all the programs listed below 454-2515, 763-8568
California Children's Services (SC County HSA) 454-2540, 763-8900
Central Coast Alliance for Health (formerly SCCHO) 430-5500
Child Health & Disability Prevention (CHDP) 454-2560, 763-8932
Healthy Families (low-cost health insurance for eligible children) 1-888-747-1222
Medi-Cal 1-888-421-8080
IN-HOME PARENT SUPPORT
- Adolescent Family Life Program (HSA)............................... 454-4339
- Davenport Resource Service Center.............................. 425-8115
- Live Oak Family Resource Center .............................. 476-7284 ext.102
- Mountain Community Resources ................................. 335-6600

LEGAL/PARALEGAL
- California Rural Legal Assistance........................................ 458-1089... 688-6535...724-2253
- Family Law Facilitator (Court Forms for Family Law)........... 454-2422
- Lawyer Referral Service .............................................. 425-4755
- Watsonville Law Center .............................................. 722-2845

MEDIATION/CONFLICT RESOLUTION
- Conflict Resolution Center (family, neighbor mediation)......... 475-6117

POSTPARTUM &/or PEDIATRIC HOME HEALTH
- Dominican Home Health (no pediatrics)............................ 465-7988
- High Risk Infant Program .............................................. 454-4339
- Pediatric Services of America ......................................... 1-800-819-9905
- Visiting Nurses Association ........................................... 479-6620

PRENATAL CLASSES (Childbirth, Breastfeeding, Infant Care, Yoga, etc.)
- Dominican Hospital PEP Program.................................... 462-7709
- Live Oak Family Resource Center .................................... 476-7284
- Watsonville Hospital Perinatal Outpatient Services ............... 763-6015

PRENATAL CLINICS
- Dominican Prenatal Clinic ............................................ 457-7103
- Planned Parenthood Watsonville, La Mariposa .................... 724-7525
- Planned Parenthood Westside Health Center ..................... 426-5550
- Salud Para La Gente .................................................... 763-3408
- Santa Cruz Women’s Health Center ................................ 427-3500

SERVICES FOR FAMILIES & CHILDREN WITH SPECIAL NEEDS
- Central Coast Center for Independent Living (CCCIL)............. 462-8720
- Family Partnership Program ......................................... 454-4961...... 768-8132
- San Andreas Regional Center ........................................ 728-1781
- Special Parents Information Network (SPIN) ....................... 423-7713........ 722-2800

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Resources for Santa Cruz County
Parents of Young Children 2011

GENERAL INFORMATION - REFERRALS TO RESOURCES
- Beach Flats Community Center .................................... 420-6125
- Child Development Resource Center ............................... 466-5820... 724-2997 x210
- Davenport Resource Service Center ................................ 425-8115
- Early Childhood Education Department (Cabrillo College).... 479-6354
- Familia Center ......................................................... 423-5747
- La Manzana Community Resources ................................ 724-2997
- Live Oak Family Resource Center (LOFRC) ..................... 476-7284 x104
- Maternal & Child Health Information Line (HSA) ............. 454-4339 x0
- Mountain Community Resources ................................. 335-6600
- Parent Information & Referral Center, Lucille Packard Children’s Hospital (Stanford University) ............... 1-800-690-2282
- Santa Cruz Public Library Information ............................ 420-5730
- Santa Cruz Public Library Community Information Database: www.santacruzpl.org/cid/public/
- SPIN (resources for special needs children) .................... 423-7713........ 722-2800
- Walnut Ave Women’s Center ....................................... 426-3062

CRISIS SERVICES
- Alcoholics Anonymous Hotline (& referrals to 12-Step programs)........ 475-5782........ 768-9597
- California Poison Control System .................................. 1-800-222-1222
- Community Food Hotline (Second Harvest Food Bank) ....... 662-0991
- Domestic Violence Help & Hotline (WAWC) ..................... 1-866-2MY ALLY
- Family & Children’s Services (child abuse reporting line) .... 454-2273
- Inpatient Psychiatric Crisis Services (Dominican Hospital) .... 462-7719
- Parental Stress Hotline .............................................. 426-7322........ 724-2879
- Shelter Hotline (Community Action Board) ....................... 457-0511........ 728-4634
- Suicide Prevention Service .......................................... 458-5300 toll-free. 1-877-663-5433
- Women’s Crisis Support–Defensa de Mujeres (domestic violence) 685-3737........ 1-888-906-4232

Advocacy & Planning Groups for Families & Children
- Children’s Network ................................................ 465-2210
- Child Care Planning Council ....................................... 466-5822
- First 5 Santa Cruz ................................................... 426-2217
- La Leche League ...................................................... 425-3088
- Santa Cruz County Breastfeeding Coalition ..................... 454-4331

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