

**ALCOHOL & DRUG SERVICES**

Alcohol & Drug Program (SC County), information, referral & prevention.....	454-4357
Fenix Services, treatment.....	722-5914
Janus, treatment.....	462-1060
Perinatal Warmline (information, support & referral).....	454-4808
Mondanaro-Baskin Center (Perinatal), treatment.....	423-9015
New Life Community Services, treatment.....	458-1668
Primeros Pasos Program (primarily serving South County residents).....	763-4700
Sobriety Works.....	476-1747

**ASSISTANCE WITH FAMILY CHALLENGES**

CalWORKS (formerly TANF or AFDC).....	454-4010	763-8500
CAB: Shelter Project (rent assistance to prevent eviction).....	457-1741 x152	
Message Center (voicemail service for homeless).....	457-0511	728-4634
Gemma (for women after incarceration).....	457-4560	
Women Ventures Project (non-traditional jobs for women).....	724-0206	
Families in Transition.....	458-7124	728-9791
HEAP (Home Energy Assistance Program).....	1-888-728-3637	
Rowland & Pat Rebele Family Shelter.....	458-6020	

**BREASTFEEDING**

Nursing Mothers Counsel.....	621-8412	
Hospital Breastfeeding Services; Dominican: 462-7862. Sutter: 477-2229. Watsonville: 763-6015		
La Leche League.....	425-3088	
Regalo de Amor (WIC).....	426-3911	722-7121 x116

**CHILD PASSENGER SAFETY INFORMATION (Car seat safety info & resources)**

Child Passenger Safety Program, SC County HSA.....	454-5477
--	----------

**CHILDCARE PAYMENT ASSISTANCE**

CareerWorks-Workforce Santa Cruz (CalWORKS clients).....	454-4080	763-8700
SC County Parents Association Voucher Project & Centralized Eligibility List info.....	688-2152	
Centralized Eligibility List website <a href="http://www.santacruzcountycel.org">www.santacruzcountycel.org</a>		

**COUNSELING**

Parent Center.....	426-7322	724-2879
Family Service Agency of the Central Coast (FSA).....	423-9444	728-9970
First Step (FSA) - families whose children have Medi-Cal.....	423-9504	728-9975
PEAKS/Psycho-educational Assessment for Kids & Students(FSA).....	423-9444 x 201	
Family Therapist Referral Line (CAMFT).....	429-7786	
Hospice Caring Project Grief Support Program.....	430-3000	
Pájaro Valley Prevention and Student Assistance (PVPSA).....	728-6445	
Children's Mental Health.....	454-4900 or 800-952-2335	763-8990
Youth Services (serving teens & their families).....	429-8350	688-8856

**HEALTH CARE/IMMUNIZATIONS (programs in bold offer immunizations)**

Beach Flats Health Center.....	423-0222	
Clinica del Valle.....	761-1588	
Planned Parenthood.....	426-5550	724-7525
Santa Cruz County Health Center (SC County HSA).....	454-4100	763-8400
Salud para la Gente.....	728-0222	
Visiting Nurses Association (Immunizations only).....	479-6620	
Women's Health Center.....	427-3500	
Dominican Hospital Pediatric Clinic.....	457-7038	
Rota-care.....	457-7166	

**CHILD DEVELOPMENT PROGRAMS**

Beach Flats Family School.....	420-6125	
Campus Kids Connection.....	462-9822	
Child Development Resource Center (information).....	466-5820	
Community Bridges, Child Development Division.....	454-9920	
Go Kids.....	408-843-9000	
Head Start & Early Head Start.....	688-3802	724-3885
Live Oak School District Child Development Program.....	462-1116	
Migrant Head Start PVUSD.....	728-6955	
Migrant Head Start Santa Cruz Direct Op.....	466-5850	
Pacific Preschool.....	425-7002	
Watsonville Children's Center (PVUSD Child Development Programs).....	728-6280	
Redwood Mountain State Preschool.....	335-3222	
Walnut Avenue Women's Center Early Childhood Education.....	426-3062	
YWCA Early Childhood Education.....	724-6078	x102

**CHILDCARE ACCESS**

Child Care Switchboard.....	466-5820	724-2997 x210
-----------------------------	----------	---------------

**CPR AND INFANT SAFETY**

PEP Program, Dominican Hospital.....	462-7709
Red Cross.....	462-2881

**DENTAL CARE**

Beach Flats Health Center.....	423-0222
Dientes.....	464-5409
Salud para la Gente.....	763-3413

**DOMESTIC VIOLENCE (for crisis support see HOTLINES)**

Walnut Avenue Women's Center.....	426-3062
Women's Crisis Support~Defensa de Mujeres.....	1-888-900-4232

**FAMILY PLANNING**

Beach Flats Health Center.....	423-0222	
Family Planning (SC County Health Center).....	454-4100	763-8400
Planned Parenthood.....	426-5550	724-7525
Salud para la Gente.....	728-0222	
Santa Cruz Women's Health Center.....	427-3500	

**FOOD/CLOTHING DISTRIBUTION (programs in bold offer food and clothing)**

<b>Davenport Resource Service Center.....</b>	<b>425-8115</b>	
<b>Salvation Army.....</b>	<b>426-8365</b>	<b>724-3922</b>
<b>St. Vincent DePaul Society.....</b>	<b>722-3250</b>	
<b>Valley Churches United (San Lorenzo and Scotts Valley residents).....</b>	<b>336-5651</b>	
CSC of the Seventh-Day Adventist Church (no clothing).....	429-1483	
Community Food Hotline (no clothing).....	662-0991	
Food Stamp Program (Santa Cruz County) (no clothing).....	1-888-421-8080	
Women, Infants, Children (WIC) Nutrition Program (no clothing).....	426-3911	722-7121

**HEALTH CARE ACCESS**

<b>Santa Cruz County Health Care Outreach</b> —for information about Healthy Kids Health Plan & all the programs listed below.....	454-2515	763-8568
California Children's Services (SC County HSA).....	454-2540	763-8900
Central Coast Alliance for Health (formerly SCCHO).....	430-5500	
Child Health & Disability Prevention (CHDP).....	454-2560	763-8932
Healthy Families (low-cost health insurance for eligible children).....	1-888-747-1222	
Medi-Cal.....	1-888-421-8080	

## IN-HOME PARENT SUPPORT

Adolescent Family Life Program (HSA) .....	454-4339
Davenport Resource Service Center .....	425-8115
Live Oak Family Resource Center .....	476-7284 ext.102
Mountain Community Resources .....	335-6600

## LEGAL/PARALEGAL

California Rural Legal Assistance .....	458-1089.... 688-6535...724-2253
Family Law Facilitator (Court Forms for Family Law).....	454-2422
Lawyer Referral Service .....	425-4755
Watsonville Law Center .....	722-2845

## MEDIATION/CONFLICT RESOLUTION

Conflict Resolution Center (family, neighbor mediation). .....	475-6117
--	----------

## POSTPARTUM &/or PEDIATRIC HOME HEALTH

Dominican Home Health (no pediatrics).....	465-7988
High Risk Infant Program.....	454-4339
Pediatric Services of America.....	1-800-819-9905
Visiting Nurses Association .....	479-6620

## PRENATAL CLASSES (Childbirth, Breastfeeding, Infant Care, Yoga, etc.)

Dominican Hospital PEP Program .....	462-7709
Live Oak Family Resource Center .....	476-7284
Watsonville Hospital Perinatal Outpatient Services .....	763-6015

## PRENATAL CLINICS

Dominican Prenatal Clinic.....	457-7103
Planned Parenthood Watsonville, La Mariposa .....	724-7525
Planned Parenthood Westside Health Center.....	426-5550
Salud Para La Gente .....	763-3408
Santa Cruz Women's Health Center .....	427-3500

## SERVICES FOR FAMILIES & CHILDREN WITH SPECIAL NEEDS

Central Coast Center for Independent Living (CCCIL).....	462-8720
Family Partnership Program .....	454-4961..... 768-8132
San Andreas Regional Center.....	728-1781
Special Parents Information Network (SPIN) .....	423-7713..... 722-2800



Migrant Head Start

Produced by Community Bridges' **Live Oak Family Resource Center**

1740 17th Avenue, Santa Cruz, CA 95062 — (831) 476-7284

Revised and distributed by

Migrant Head Start Program/Santa Cruz County Office of Education

400 Encinal Street, Santa Cruz CA 95060 – Ph. 831-466-5850 – Fax. 831-466-5607

Reproduction of document encouraged. To suggest changes, please call (831) 466-5850.

# Resources for Santa Cruz County Parents of Young Children 2011



## GENERAL INFORMATION - REFERRALS TO RESOURCES

Beach Flats Community Center.....	420-6125
Child Development Resource Center .....	466-5820..... 724-2997 x210
Davenport Resource Service Center .....	425-8115
Early Childhood Education Department (Cabrillo College)....	479-6354
Familia Center .....	423-5747
La Manzana Community Resources .....	724-2997
Live Oak Family Resource Center (LOFRC) .....	476-7284 x104
Maternal & Child Health Information Line (HSA) .....	454-4339 x0
Mountain Community Resources .....	335-6600
Parent Information & Referral Center, Lucille Packard Children's Hospital (Stanford University).....	1-800-690-2282
Santa Cruz Public Library Information .....	420-5730
Santa Cruz Public Library Community Information Database: <a href="http://www.santacruzpl.org/cid/public/">www.santacruzpl.org/cid/public/</a>	
SPIN (resources for special needs children) .....	423-7713..... 722-2800
Walnut Ave Women's Center.....	426-3062

## CRISIS SERVICES

Alcoholics Anonymous Hotline (& referrals to 12-Step programs).....	475-5782..... 768-9597
California Poison Control System.....	1-800-222-1222
Community Food Hotline (Second Harvest Food Bank).....	662-0991
Domestic Violence Help & Hotline (WAWC).....	1-866-2MY ALLY
Family & Children's Services (child abuse reporting line) .....	454-2273
Inpatient Psychiatric Crisis Services (Dominican Hospital)....	462-7719
Parental Stress Hotline.....	426-7322..... 724-2879
Shelter Hotline (Community Action Board).....	457-0511..... 728-4634
Suicide Prevention Service .....	458-5300 toll-free . 1-877-663-5433
Women's Crisis Support~Defensa de Mujeres (domestic violence) 685-3737.....	1-888-900-4232



## Advocacy & Planning Groups for Families & Children

Children's Network .....	465-2210
Child Care Planning Council .....	466-5822
First 5 Santa Cruz.....	465-2217
La Leche League.....	425-3088
Santa Cruz County Breastfeeding Coalition .....	454-4331

