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Meals on Wheels
FOR SANTA CRUZ COUNTY
COMMUNITY BRIDGES
PUENTES DE LA COMUNIDAD 

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Community Champions Week highlights work of Meals on Wheels

SANTA CRUZ COUNTY, Calif. — Meals on Wheels for Santa Cruz County, a program of Community Bridges, joins Meals on Wheels America in celebrating Community Champions Week, March 19-23, 2018. This annual event represents part of a nationwide campaign that aims to increase awareness and encourage support for senior nutrition needs and services.

On Wednesday March 21, district supervisors and councilmembers of Santa Cruz County will visit Meals on Wheels' five senior dining sites to help serve the program's annual Spring Dinner, engaging in the community and camaraderie found at each local site. The spring celebration will take place at 11:30 a.m. at the Watsonville and Scotts Valley senior centers, and at noon at the Louden Nelson Community Center and Elena Baskin Live Oak Senior Center. The following day, participating officials will deliver meals at 10:00 a.m. to local seniors, highlighting the positive impact that meal services and social contact have on seniors facing the challenges of aging, isolation and poverty.

This year's Community Champions Week is slated to receive full attendance from the County Board of Supervisors, including First District Supervisor John Leopold, Second District Supervisor Zach Friend, Third District Supervisor Ryan Coonerty, Fourth District Supervisor Greg Caput and Fifth District Supervisor Bruce McPherson.

City councilmembers confirmed to participate during Community Champions Week include: Watsonville Mayor Lowell Hurst and Councilmembers Felipe Hernandez, Rebecca Garcia and Jimmy Dutra; Capitola Mayor Michael Termini and Councilmember Stephanie Harlan; Santa Cruz Mayor David Terrazas and Councilmembers Cynthia Mathews and Sandy Brown; Scotts Valley Vice Mayor Jack Dilles and Councilmembers Stephany Aguilar and Donna Lind.

About Meals on Wheels for Santa Cruz County, a program of Community Bridges

Since 1976, Meals on Wheels for Santa Cruz County, a program of Community Bridges, has served nearly 9 million meals to 60,000 local seniors in need. Meals on Wheels for Santa Cruz County serves more than 1,700 seniors in need each year with nutritious meals and caring human contact. The tireless work of this program—supported by a dedicated army of 200 volunteers—allows thousands of Santa Cruz County residents to remain healthy, safe, and independent in their own homes.

For more information about Community Bridges services, or to view Meals on Wheels lunch menus, please visit www.communitybridges.org or email info@cbridges.org. Any individual age 60 and over is welcome to visit the dining sites Monday through Friday for a suggested donation of \$2.50. The Scotts Valley site serves on Wednesdays only.

To find out if an individual qualifies for home-delivered meals, please call 831-464-3180 x 100.