



**Meals on Wheels**  
FOR SANTA CRUZ COUNTY  
**COMMUNITY BRIDGES**  
PUENTES DE LA COMUNIDAD 

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**Food from the Heart: Celebrating 40 years of Meals on Wheels**

Since 1976, Meals on Wheels for Santa Cruz County, a program of Community Bridges, has served nearly 9 million meals to 70,000 local seniors in need.

Meals on Wheels is hosting its annual *Food from the Heart* event to celebrate this 40<sup>th</sup> anniversary, sponsored by Palo Alto Medical Foundation, Canyon View Capital and Bay Federal Credit Union. The event will be held at the Chaminade Resort & Spa on Friday, February 5 from 11:30am to 1:30pm. The public is invited to attend. Tickets are \$55 each or \$500 for a table of 10, and can be purchased online at FFH16.eventbrite.com.

Food from the Heart includes a catered lunch by the Chaminade and will begin with a reception featuring food and drink tastings by local vendors el Salchichero, New Leaf Markets, Uncommon Brewers and Sones Cellars. Valentine’s Day cards will be on sale, and guests will have a chance to win a raffle for vacation stays in Napa and Jamaica. Live music will be provided by renowned musician, Patti Maxine.

The event program includes a short film produced for the 40<sup>th</sup> anniversary event, highlighting the importance of this local program for seniors in need.

Stephanie Harlan, Vice Mayor of Capitola and longtime supporter of Meals on Wheels, will deliver the keynote address. This year’s Sweetheart Award winners are Pauline Valdivia, Lillian Wilder and Beverley Calvo, all of whom are champions of senior services in our community and have played a key role in the founding and growth of Meals on Wheels for Santa Cruz County.

All proceeds generated from the event will benefit Meals on Wheels for Santa Cruz County and the 1,800 local seniors they serve each year through home delivered meals and congregate dining sites throughout the region.

To learn more, visit [CommunityBridges.org](http://CommunityBridges.org).

**About Meals on Wheels for Santa Cruz County, a program of Community Bridges**

Every day, Meals on Wheels for Santa Cruz County, a program of Community Bridges, serves nearly 1,800 seniors in need each year with warm meals, caring human contact, and a personalized service plan. The tireless work of this program – supported by a dedicated army of 200 volunteers – allows thousands of Santa Cruz County residents to remain healthy, safe, and independent in their own homes.

Learn more at [CommunityBridges.org](http://CommunityBridges.org)