



COMMUNITY BRIDGES PUENTES DE LA COMUNIDAD

Press Contact: Lisa Berkowitz, Program Director
(831) 464-3180 x 106 | lisab@cbridges.org

FOR IMMEDIATE RELEASE: January 29, 2015

2nd Annual Food from the Heart, benefiting Meals on Wheels for Santa Cruz County

Meals on Wheels for Santa County, a program of Community Bridges, is hosting its second annual *Food from the Heart* event at the Chaminade Resort & Spa on Friday, February 6 from 11:30 to 1:30pm.

Enjoy a catered meal, peruse a collection of lovely Valentine-themed gifts from great local vendors, and mingle with 150 other community members.

This event features guest speaker John Leopold, First District County Supervisor, and is sponsored by Palo Alto Medical Foundation, Bay Federal Credit Union, Lighthouse Bank, and media sponsors Alt Rock 106.7, Classic Hits Q103.9, K-Mozart 95.1/95.9, and Z Country 97.9. Boutique vendors include Ashby Confections, Bluestone Imports, Double Happiness Pottery, the Homeless Garden Project, Kathleen Sinnott Jewelry, Nut Kreations, Renee's Handmade Soap, Sones Cellars, Susie's Flowers, and The True Olive Connection.

All proceeds benefit Meals on Wheels for Santa Cruz County, a program of Community Bridges.

Tickets are \$55 each at FoodfromtheHeart.Eventbrite.com.

About Meals on Wheels for Santa Cruz County, a program of Community Bridges

Every day, Meals on Wheels for Santa Cruz County, a program of Community Bridges, serves more than 600 seniors in need with warm meals, caring human contact, and a personalized service plan. The tireless work of this program – supported by a dedicated army of 200 volunteers – allows thousands of Santa Cruz County residents to remain healthy, safe, and independent in their own homes.

Learn more at CommunityBridges.org