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**Meals on Wheels presents fifth annual Food from the Heart benefit**

[Editor's note: event photos are available upon request]

Santa Cruz County, Calif. — The fifth annual Food from the Heart luncheon, benefiting Meals on Wheels for Santa Cruz County, will be hosted at the Chaminade Resort & Spa on Friday, February 9 from 11:30am to 1:30pm. Tickets are \$60 each or \$550 for a table of 10, and can be purchased online at [FFH18.eventbrite.com](http://FFH18.eventbrite.com).

This Valentine's Day themed event will feature an afternoon of wine tasting, sweet and savory samplings from local artisans, a catered lunch by the Chaminade, and a live auction with couples' getaways and date night packages. All event proceeds will benefit Meals on Wheels for Santa Cruz County and the 1,800 local seniors they serve each year through home delivered meals and dining sites throughout the region.

Representing an annual celebration of the outpouring of community support for the work of Meals on Wheels, this fundraiser makes it possible to serve 100,000 home delivered meals and 50,000 lunch site meals to local seniors each year.

Susan True, CEO of the Community Foundation Santa Cruz County, will deliver the keynote address. This year's Sweetheart Award winners are Ernie & Lou Avelar, Gary Anderson, Hope Services, Darwin House, and Laurel Street Center—a group of individuals and organizations that champion senior services in the community and have played a key role in the success of Meals on Wheels for Santa Cruz County.

Food from the Heart is sponsored by Bay Federal Credit Union, Canyon View Capital, ElderConsult Geriatric Medicine, Lucid Sound and Picture, Mari and Edward Rossi, Modern Woodmen Fraternal Financial, Santa Cruz County Bank, System Studies Incorporated and Wesley House. Additionally, Palo Alto Medical Foundation has pledged direct Meals on Wheels program support.

To learn more, visit [CommunityBridges.org/Events](http://CommunityBridges.org/Events).

**About Meals on Wheels for Santa Cruz County, a program of Community Bridges**

Every day, Meals on Wheels for Santa Cruz County, a program of Community Bridges, serves nearly 1,800 seniors in need each year with warm meals, caring human contact, and a personalized service plan. The tireless work of this program – supported by a

dedicated group of 200 volunteers – allows thousands of Santa Cruz County residents to remain healthy, safe, and independent in their own homes. Learn more at [CommunityBridges.org](http://CommunityBridges.org)