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**Food from the Heart: Celebrating Meals on Wheels**

Since 1976, Meals on Wheels for Santa Cruz County, a program of Community Bridges, has been working to ensure that no local senior goes hungry.

The public is invited to attend this program's annual *Food from the Heart* event, making it possible for Meals on Wheels to serve 100,000 home-delivered meals and 50,000 lunch site meals to local seniors each year. This Valentine's Day themed event will be held at the Chaminade Resort & Spa on Friday, February 3 from 11:30am to 1:30pm. Tickets are \$60 each or \$550 for a table of 10, and can be purchased online at [FFH17.eventbrite.com](http://FFH17.eventbrite.com).

Food from the Heart is sponsored by Palo Alto Medical Foundation, Bay Federal Credit Union, Tilapia Film, Lighthouse Bank and Langlois Fancy Frozen Foods. The event includes a catered lunch by the Chaminade, a reception featuring food and drink tastings by local vendors, and a live auction with couples packages.

Assemblymember Mark Stone, longtime supporter of Meals on Wheels, will deliver the keynote address. This year's Sweetheart Award winners are Phil Thomas, Dan Bell, Pedro Prado, Mary Gibbs, and Steve Gibbs, all of whom are champions of senior services in our community and have played a key role in the success of Meals on Wheels for Santa Cruz County.

All proceeds generated from the event will benefit Meals on Wheels for Santa Cruz County and the 1,800 local seniors they serve each year through home delivered meals and congregate dining sites throughout the region. To learn more, visit [CommunityBridges.org](http://CommunityBridges.org).

**About Meals on Wheels for Santa Cruz County, a program of Community Bridges**

Every day, Meals on Wheels for Santa Cruz County, a program of Community Bridges, serves nearly 1,800 seniors in need each year with warm meals, caring human contact, and a personalized service plan. The tireless work of this program – supported by a dedicated group of 200 volunteers – allows thousands of Santa Cruz County residents to remain healthy, safe, and independent in their own homes. Learn more at [CommunityBridges.org](http://CommunityBridges.org)