



EVERYONE IS WELCOME AT WIC

WIC is here for **moms, dads, grandparents, foster parents, military families, immigrant families, guardians, and families of all kinds!**

If you are pregnant, breastfeeding or have had a baby in the past 6 months, or caring for a child under 5—you can get nutritious food, breastfeeding support, health referrals, peer support, and more with WIC.

Get more information and find a WIC clinic near you by scanning the QR code with your phone camera!

LEARN MORE
www.signupwic.com

