

Monday

Tuesday

Wednesday

Thursday

Friday



# ELDERDAY January 2026

501 Main St. Watsonville, CA 95076 (831)458-3481

**CLOSED / CERRADO**



10:00-It's a *BREW*-tiful New Year!

11:00-**Women's Group w/ Alondra**

11:00-Crafting: Cozy Cup Wrap

1:00-Balloon Toss @RR

1:00-MOVIE: **It's A Wonderful Life**

1:15 Beachball Volleyball

10:00-Teatime Tales **5**

11:00-**TAI CHI with IRO**

11:00-**Grupo de Mujeres w/ Alondra**

1:00-New Years Resolutions @RR

1:00-**BINGO!**

1:45-Bingo Boutique Shopping

**Dia de Reyes / Epiphany**

10:00-Coffee & Catch-Up

11:00-**WORDS & WATERCOLOR W/ BHAVYA**

11:00-Artisan Avenue

1:00-Wonderful Wildlife Safari Video

1:00-**Grupo de Hombres**

1:30-**Rosca de Reyes**

6 10:00-Morning Mingle

11:00-**TAI CHI with IRO**

11:00-Artisan Avenue

1:00-Captain's Call @RR

1:00-**LOTERIA**

1:45-Bingo Boutique Shopping

7 10:00-Morning *BREW*-Ha-Ha!

11:00-Bingo Boutique Shopping

11:00-Artisan Avenue

1:00-Memory Games @RR

1:00-**Catch Up! With Larisa**

1:15 **Disco Dance Club**

8 10:00-**TE**-rapia Social

11:00-**Catholic Mass with Fr. Robert**

11:00-Artisan Avenue

1:00-*Gentle Guitar with Will* @RR

1:00-Recetas y Recuerdos

1:15-SOFT DARTS

**National Clean Your Desk Day**

10:00-Table Talk

11:00-**TAI CHI with IRO**

11:00-Crafting Corner

1:00-Reminiscing @RR

1:00-**Men's Group with Juan Carlos**

1:00-**BINGO!**

12 10:00-Mugs & Smiles **13**

11:00-**WORDS & WATERCOLOR W/ BHAVYA**

11:00-**Catch Up! With Larisa**

1:00-Famous Faces Trivia @RR

1:00-PELICULA: Nuestra Señora de Guadalupe

1:15-Cardio Drumming

14 10:00-The Sipping Society

11:00-**TAI CHI with IRO**

11:00-**New Year! NEW ME!**

1:00-Player's Pick @RR

1:00-**LOTERIA**

1:45-Bingo Boutique Shopping

15 10:00-JAVA JOY!

11:00-**Prayer Circle with Elena**

11:00-Crafting Corner

1:00-Puzzle Projects @RR

1:00-**KARAOKE**

1:15-Floor Games

1:15-Hand Spa at the Gym

16 10:00- Cafécito y Chismecito **16**

11:00-Bingo Boutique **SALE**

11:00-**KNIT HAPPENS! w/ Rosa**

1:00-*Gentle Guitar with Will* @RR

1:00-**TOTALLY TRIVIA**

1:15-Relaxation Station w/Liliana

**CLOSED / CERRADO** **19**

*We will be*  
**CLOSED**  
*on*  
**MLK Day**

20 10:00-The Cozy Corner

11:00-**WORDS & WATERCOLOR W/ BHAVYA**

11:00-Handmade Hub & Crafts

1:00-Dance Trends In History @RR

1:00-**BINGO!**

1:45-Bingo Prize Shopping

**DIENTES Dental Clinic** **21**

10:00-Vintage Brew Crew

11:00-Handmade Hub & Crafts

11:00- **Black Jack Table**

1:00-Staff Selection @RR

1:00-**TAI CHI w/ IRO**

1:00-**LOTERIA**

22 10:00-Café y Compañía

11:00-**Prayer Circle with Elena**

11:00-**Catch Up! With Larisa**

1:00-Memory Games @RR

1:00-MOVIE: **WEST SIDE STORY**

1:15-**BOWLING for DOLLARS**

23 10:00-Fancy a CUPPA? **23**

11:00-**Grupo de Mujeres w/ Alondra**

11:00-Handmade Hub & Crafts

1:00-*Gentle Guitar with Will* @RR

1:00-**Grupo de Hombres**

1:00-**TAI CHI with IRO**

1:15-*Viajando Por Mexico*

26 10:00-Enchanted Teapot

11:00-**TAI CHI with IRO**

11:00-**Women's Group w/ Alondra**

1:00-Recipe Reminiscing @RR

1:00-**BINGO!**

1:45-Bingo Boutique Shopping

27 10:00-Coffee & Chill

11:00-**WORDS & WATERCOLOR W/ BHAVYA**

11:00-The Craft Lab

1:00-*Remember When* Trivia @RR

1:00-**Musical Memories with Juan Carlos**

28 10:00-Steep Dreams

11:00-**TAI CHI with IRO**

11:00-The Craft Lab

1:00-Dealer's Choice @RR

1:00-**Catch Up! With Larisa**

1:00-**LOTERIA**

29 **National Puzzle Day**

10:00-Common Grounds

11:00-**Prayer Circle with Elena**

11:00-**Men's Group with Juan Carlos**

1:00-Puzle Projects @RR

1:00-**Puzzle Games and Contests**

1:15-Hand Spa at the Gym

30 10:00-KAW-fee Talk **30**

11:00-The Craft Lab

11:00-Bingo Boutique **SALE**

1:00-*Christine's Inner Glow Group*

1:15-Corn Hole Challenge

1:45-**BIRTHDAY CELEBRATION**

To Cancel Transportation to Elderday, Please Contact **LIFTLINE** (831) 688-9663 AS SOON AS POSSIBLE

# MENU



## January 2025 | ELDERDAY MEALS



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
			1 New Year's Day Site Closed	2 Fish Sticks w/ Lemon Green Beans Coleslaw w/Carrots Pesto Noodles WW Roll/Butter 1% Milk	
5 Salmon Burger Potato Wedges Mixed Green Salad w/ Beans WW Bun 1% Milk	6 Stir Fry Chicken Broccoli Carrots & Snow Peas Brown Rice Graham Crackers 1% Milk	7 Navy Bean Soup Vegetable Pasta Salad Romaine Salad WW Roll/Butter 1% Milk	8 Salisbury Steak Mashed Potatoes Green Salad w/ Peppers WW Bread/Butter Graham Crackers 1% Milk	9 Turkey Stew Peas & Mushrooms Napa Cabbage Salad WW Biscuit 1% Milk	
12 Meatloaf w/ Gravy Mashed Potatoes Tossed Green Salad WW Bread/Butter Graham Crackers 1% Milk	13 Chicken Pozole Zucchini Green Salad w/ Pepitas Spanish Rice WW Crackers 1% Milk	14 Rigatoni Casserole Three Bean Salad Mixed Green Salad WW Roll/Butter 1% Milk	15 Lima Bean Chowder Couscous Vegetable Salad Spinach Salad 1 1% Milk	16 Crab Cake w/ Lemon Herb Cauliflower Romaine Salad w/ Carrots Pesto Noodles WW Bread/Butter 1% Milk	<b>Offered substitutions : Turkey Sandwich on WW Bread, or Peanut Butter and Jelly Sandwich on WW Bread, or 1 cup Lentil Soup</b>
19 MLK Day Site Closed	20 Macaroni & Cheese Broccoli Three Bean Salad WW Roll/Butter 1% Milk	21 Tuna Salad Sandwich Potato Leek Soup Spinach Salad w/ Tomatoes WW Bread 1% Milk	22 Vegetable Frittata Roasted Potatoes Green Salad w/ Beans WW Pumpkin Muffin 1% Milk	23 Beef Tostada Cauliflower w/ Peppers Refired Beans Spanish Rice Corn Tostada 1% Milk	
26 Meatball Stroganoff Cali Mixed Vegetables Green Salad w/ Red Cabbage WW Roll/Butter 1% Milk	27 Clam Chowder Cucumber Slices Roamine Salad WWRoll/Butter Oyster Crackers 1% Milk	28 Pizza Three Bean Salad Ceasar Salad w/ Egg 1% Milk	29 Chicken Enchiladas Zucchini Spinach Salad w/ Carrots Spanish Rice 1% Milk	30 Turkey Pot Roast Peas & Carrots Romaine Salad w/ Beets Rice Pilaf WW Roll/Butter 1% Milk SF Birthday Cake	

