

Monday	Tuesday	Wednesday	Thursday	Friday
CLOSED / CERRADO  LABOR DAY	1 10:00-Morning Mingle 11:00- Words & Watercolors with Bhavya 11:15- MEN'S GROUP 1:00-Memory Matches @RR 1:00- LIVE MUSIC at MAJEL'S PLACE 	3 10:00-The Sipping Society 11:00- TAI CHI with IRO 11:00-Craft Creations 1:00-  1:00-Dealer's Choice @RR 1:45-BINGO Buck\$ \$pending	4  FOOTBALL KICKOFF  10:00-Café y Compañía 11:00-PRAYER CIRCLE W/ELENA 11:15- CATCH-UP CLUB w/ LARISA 1:00-MOVIE @RR-"Underdogs" 1:00- Punt, Pass & Kick Fun 	5 10:00-The Cozy Corner 11:00-Craft Creations 11:15- GRUPO de MUJERES 1:00- B I N G O ! 1:00-Travel Video Views @RR 1:15-BINGO Buck\$ Shopping
8 10:00-Café Giggles 11:00- LIVE MUSIC at Majel's with Claudia & Daniel  11:00- TAI CHI with IRO 11:00-Crafting:Corner 1:00- B I N G O ! 1:00-Table Games @RR 1:00- CATCH-UP CLUB W/ LARISA	9 10:00- TÉ -rapia Social 11:00-Crafting Corner: 11:00- Words & Watercolor with Bhavya  1:00-Puzzle & Craft Projects @RR 1:00-Totally Trivia Group 1:00- HOOPS! 	10 10:00-Fancy a Cuppa? 11:00- TAI CHI with IRO 11:00-Crafting Corner 1:00-  1:00-Captain's Call @RR 1:45-BINGO BUCK\$ Shopping	11 10:00-Cafecito y Chismesito 11:00-PRAYER CIRCLE W/ELENA 11:00-Crafting Corner 1:00-Table Crafts @RR 1:00-Cue Ball Club 1:15- HandSpa w/ Belinda & Clara 1:15- KARAOKE 	12 10:00-Enchanted Teapot 11:00-Crafting: Corner 11:15-Relaxation Station w/Liliana 1:00-Nature Views @RR 1:00- WOMEN'S GROUP  1:00-MOVIE: SUPERMAN 1:15-CARDIO DRUMMERS
15  Funny T-Shirt Week  10:00-Sip & Savor 11:00- TAI CHI with IRO 11:00- GRUPO de MUJERES 1:00- B I N G O ! 1:00-Reminiscing @RR 1:45-Winning T-Shirt Raffle	16  Funny T-Shirt Week  10:00-Salsa & Snacks  11:00- Viewing Mexican Parade LIVE 1:00-Movie Trivia @RR 1:00-Recetas y Recuerdos 1:15-Balloon Badminton 1:45-Winning T-Shirt Raffle	17  Funny T-Shirt Week  10:00-Sereni- TEA Now! 11:00- TAI CHI with IRO 11:00-Artful Adventures 1:00-  1:45-Winning T-Shirt Raffle	18  Funny T-Shirt Week  10:00-Brew Crew 11:00- GRUPO de HOMBRES 11:00-Artful Adventures 1:00-Puzzle Projects @RR 1:00-♠ Black ♥ Jack ♦ Table ♣ 1:15-BINGO BUCK\$ Shopping 1:15-Winning T-Shirt Raffle	19  Funny T-Shirt Week  10:00-Excelen- TÉ Dia 11:00-CATHOLIC MASS ✝ Fr. Robert 11:00-Artful Adventures 1:00-Animal Kingdom Views @RR 1:00- CATCH-UP CLUB with LARISA 1:00-Badminton 1:45- Winning T-Shirt Raffle
22  DIENTES Clinic  10:00-One Lump or Two? 11:00- TAI CHI with IRO 11:00- WOMEN'S GROUP 1:00- B I N G O ! 1:00-Table Games @RR 1:45-BINGO Buck\$ Shopping	23 10:00-Coffee Therapy 11:00- Words & Watercolor with Bhavya  11:00-Crafting Corner 1:00-Music Trivia @RR 1:00-Totally Trivia Group 1:15- BOW-A-RAMA 	24 10:00-KAWfee Talk 11:00- TAI CHI with IRO 11:00-Crafting Corner 1:00-  1:00- CATCH-UP CLUB with LARISA 1:45-BINGO Buck\$ Shopping	25 10:00-Sleep Dreams 11:00-PRAYER CIRCLE W/ELENA 11:00-Crafting Corner 1:00-Table Crafts @RR 1:15- HandSpa w/ Belinda & Clara 1:15-  MUSIC & Memories with Juan Carlos	26 10:00-Brew HA-HA 11:00- Crafting Corner 11:15- MEN'S GROUP 1:00-Camping in Yosemite Views @RR 1:00- Christine's Inner Glow Group 1:00- DISCO CLUB 1:30- BIRTHDAY CELEBRATION 
29 10:00-The Tea Time Tales 11:00- TAI CHI with IRO 11:00- GRUPO de HOMBRES 1:00- B I N G O ! 1:00-Reminiscing @RR 1:45-BINGO Buck\$ Shopping	30 10:00-The Cozy Bean 11:00- Words & Watercolor With Bhavya  11:15-Artful Adventures 1:00-Memory Matchers @RR 1:00-BINGO \$STORE \$SHOPPING 1:15-CARDIO DUMMING	 ELDERDAY ADULT DAY HEALTH CARE COMMUNITY BRIDGES PUENTES DE LA COMUNIDAD September 2025 501 Main St. Watsonville, CA 95076 (831) 458-3481		

To Cancel Transportation to Elderday, Please Contact **LIFTLINE** (831) 688-9663 AS SOON AS POSSIBLE

Lunch is Served Daily at 12pm

MENU

 						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Offered substitutions : Turkey Sandwich on WW Bread, or Peanut Butter and Jelly Sandwich on WW Bread, or 1 cup Lentil Soup	
1 Labor Day Holiday Site Closed	2 Meatloaf w/ LS Gravy Mashed Potatoes Tossed Green Salad WW Bread Graham Crackers 1% Milk	3 Clam Chowder Cucumber Slices Romaine Salad WW Roll/Butter Oyster Crackers 1% Milk	4 Chicken Parmesan Italian Green Beans Spinach Salad Risotto WW Bread/Butter 1% Milk	5 Potato Kale Enchilada Refried Beans Romaine Salad w/ Carrots Mexico City Rice 1% Milk		
8 Savory Casserole Cali Mixed Vegetables Mixed Green Salad WW Roll/Butter 1% Milk	9 Asian Chicken Salad Green Salad w/ Carrots & Cucumbers Sesame Noodle Salad WW Roll/Butter 1% Milk	10 Turkey Stew Peas w/ Mushrooms Coleslaw WW Biscuit Graham Crackers 1% Milk	11 Tamale Chicken Bake Black Beans Romaine Salad w/ Carrots WW Roll/Butter 1% Milk	12 Salmon Patty Green Beans Spinach Salad w/ Carrots Rice Pilaf WW Roll/Butter 1% Milk		
15 Fish Sticks w/ Tartar Sweet Potato Green Salad Dill Noodles WW Roll/Butter 1% Milk	16 Chicken Enchiladas Summer Squash Spinach Salad w/ Carrots Spanish Rice 1% Milk	17 Sloppy Joes Succotash Romaine Salad w/ Broccoli WW Bun 1% Milk	18 Egg Salad Sandwich Minestrone Soup Spinach Salad Crackers 1% Milk	19 Macaroni & Cheese Broccoli Three Bean Salad WW Roll/Butter 1% Milk		
22 Crab Cakes w/ Lemon Herb Cauliflower Romaine Salad w/ Carrots Pesto Noodles WW Roll/Butter 1% Milk	23 Navy Bean Soup Tabouli Salad Tossed Green Salad WW Bread/Butter 1% Milk	24 Sweet and Sour Shrimp Green Bean & Pepper Stir Fry Napa Cabbage Salad Brown Rice 1% Milk	25 Beef & Cheese Soft Taco Garden Vegetables Romaine Salad Mexico City Rice 1% Milk	26 BBQ Chicken Thigh Cauliflower au Gratin Sautéed Kale Brown Rice Pilaf WW Roll/Butter 1% Milk SF Birthday Cake		
29 Meatball Stroganoff Cali Mixed Vegetables Green Salad w/ Red Cabbage WW Roll/Butter 1% Milk	30 Tuna Salad Sandwich Vegetable Barley Soup Tomato Cucumber Salad WW Bread 1% Milk					